

EARLY YEARS VEGETARIAN LUNCH MENU

Without Allergens

Oct 25–Oct 26



20/10, 10/11, 01/12, 22/12, 12/01, 02/02, 23/02, 16/03, 06/04, 27/04, 18/05, 08/06, 29/06, 20/07, 10/08, 31/08, 21/09 12/10

WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Starter	Golden Lentil & Vegetable Soup	Melon Boats	Vegetable Noodle Soup	Spring Vegetable Soup	Crudities with Herby Dip
Meal Option	Roasted Tomato & Red Pepper Mozzarella Pasta & Herby Bread	Mild Vegetable Curry Wild Rice & Green Beans	Macaroni Cheese with Garlic Bread & Mixed Salad	Selection of Sandwiches Cheese & Quorn Mayonnaise with Sliced Tomato & Cucumber	Cheesy Beano with Mediterranean Diced Potatoes & Roasted Vegetables

27/10, 17/11, 08/12, 29/12, 19/01, 09/02, 02/03, 23/03, 13/04, 04/05, 25/05, 15/06, 06/07, 27/07, 17/08, 07/09, 28/09

WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Starter	Golden lentil & vegetable soup	Melon Boats	Vegetable Noodle Soup	Crudities with Herby Dip	Spring Vegetable Soup
Meal Option	Fishless Fingers with Diced Potatoes & Garden Peas	Margherita Pizza with Roasted Peppers Mediterranean Potatoes & Sweetcorn	Freshly made Sausage Roll Mashed Potatoes & Baked Beans	Lasagne Garlic Bread & Mixed Salad	Selection of Sandwiches Cheese Or Egg Mayonnaise with sliced Tomato and Cucumber

03/11, 24/11, 15/12, 05/01, 26/01, 16/02, 09/03, 30/03, 20/04, 11/05, 01/06, 22/06, 13/07, 03/08, 24/08, 14/09, 05/10

WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Starter	Golden lentil & vegetable soup	Vegetable & Rice Soup	Vegetable Noodle Soup	Spring Vegetable Soup	Crudities with Herby Dip
Meal Option	Tomato & Roasted Vegetable Pasta & Garlic Bread	Selection of Sandwiches Cheese Or Egg Mayonnaise with sliced Tomato and Cucumber	Macaroni Cheese with Garlic Bread & Garden Peas	Fishless Fingers with Mashed Potatoes & Seasonal Vegetables	Margherita Pizza with Diced Potatoes & Sweetcorn



AFTER ANY HOLIDAY THE 1ST DAY BACK WILL ALWAYS
BE THE MONDAY
MENU AND THEN THE NORMAL DAYS WILL FOLLOW.

