

## Numeracy

- We are learning to collect objects or ask questions to gather information.  
MNU 0-20a

## Expressive Arts

- We are learning to enjoy taking part in dance experiences.  
EXA 0-10a

## Literacy

- We are learning to share experiences, feelings, ideas and information in a way that communicates our message.  
LIT 0-09a

## Suggested Home Learning Activities

- You could sort toys/leaves etc. by colour, shape or size.
- You could practise pulling different emotions faces for happy, sad, angry, excited etc. and discuss scenarios that make your child feel these different emotions.
- You could watch videos of traditional Scottish dancing on Youtube and join in.
- You could ask your child to help to prepare dinner by chopping or peeling vegetables, whilst discussing healthy and unhealthy foods.

## Glenwood Family Centre



Learning and Growing Together

## Important Dates

- **Children's Mental Health Week**  
Monday 5<sup>th</sup> - Sunday 11<sup>th</sup> February
- **Safer Internet Day**  
Tuesday 6<sup>th</sup> February
- **Lunar New Year : Year of the Dragon**  
Saturday 10<sup>th</sup> February
- **Shrove Tuesday**  
Tuesday 13<sup>th</sup> February
- **Valentine's Day and Ash Wednesday**  
Wednesday 14<sup>th</sup> February



## Health and Wellbeing

- We are to learning that people need different kinds of food to keep them healthy  
HWB 0-32a
- We are learning that we all experience a variety of thoughts and emotions that affect how we feel and behave. We are learning ways to manage these emotions.  
HWB 0-02a