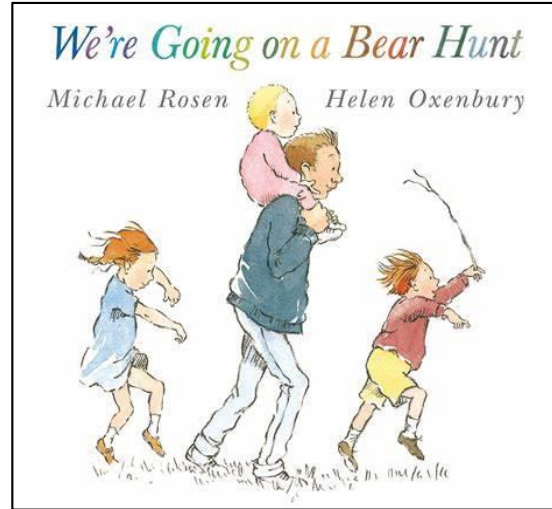


# We're Going to go to School Soon....

## Week two- Going on a Bear Hunt...



### Literacy

#### **Initial sounds**

On their bear hunt the first obstacle they come across is grass. What is an obstacle?

Grass starts with 'g'

Think of/find 6 things that start with the sound 'g'.

Following the order of the story, repeat with all other obstacles, focusing on initial letter sound.

River starts with 'r'

Think of/find 6 things that start with the sound 'r'. And so on.

Draw pictures of some of the things you find/think of.

Cut out pictures from magazines/paper/catalogues showing items with initial sound.

### Physical and Gross Motor Skills

#### **Fitness Fun**

Get your child to map out the route using bear paw prints or teddies deciding which movement they will use at each area. (marching, hopping, jumping, crawling, climbing, swimming, rolling, running, balancing) How many of each action will they do? Encourage your child when the bear sees them, to do the obstacle course backwards and faster to get home safely.

### Expressive Arts

#### **Drama**

Act out the story with your child. Talk about what do we need to go on a bear hunt? Mime putting the items into a bag. Then recreate the journey with your child retelling the story and chanting the chorus together. You could encourage your child to independently role play the story with their own teddies and soft toys.

### Emotional Resilience

#### **"We're not scared!"**

The family in the story kept saying they were not scared – but they were when they found the bear!

It is important for future mental health that children are able to understand their feelings and talk about them. Try some of these activities – the whole family could join in:

How many different feelings can you name?

Pull faces to show different feelings. Take it in turns to guess which feelings you are acting.

Which feelings are 'good' feelings and which are 'bad' feelings? Remember sometimes being scared can be fun – like in a chasing game when someone is pretending to be a bear!

Talk about what makes you feel happy, sad, angry, scared, worried, excited, jealous, embarrassed, frustrated..... It is important that grown-ups share this too.

Remember to reassure your child that it is OK to have **all** of these feelings – most people feel a bit worried about going to new places and meeting new people.

### Numeracy and maths

#### **Sequencing: What happens when?**

Many different things happen in the story. Can you put the following events into the correct order - mud, snowstorm, forest, home, bear, river, bed, grass, cave.

You could make picture cards, one for each event, to help you.