**Glenwood Family Centre**

**School transition information session**

**How you can help at home:**

**Literacy skills**

* Pencil/pre-writing skills (mark making, holding pencil, developing gross motor skills (swinging from monkey bars, using a stick in the mud etc.)
* Reading readiness (predicting endings, discussing the pictures, asking questions etc.)
* Developing language comprehension and expressive language – developing vocabulary, discussing home address, age, family members etc., discussing previous experiences following instructions, asking why, , where and when etc, asking open-ended questions.

**Numeracy skills**

* Colours, shapes, sorting (pairing socks, doing the washing, discussing colours in the environment etc.)
* Money – looking at coins, helping to pay for shopping etc., talking about the purpose of money.

**Attitude to learning**

* Conversations about learning – what have you learned today
* It is ok to make mistakes
* Encourage ‘have a go’ attitude

**Physical wellbeing**

* Developing fine and gross motor skills – doing jigsaws, board games moving pieces, lego, peg boards, treading pasta necklaces, colouring-in and using a pencil, using knife and fork, cutting with scissors. Gross motor skills – running and climbing in the garden/park/outdoors, playing ‘chase’ games.

**Mental wellbeing**

* Discussing feelings (worried, sad, happy, excited etc.)
* It is ok to ask for help if needed/make mistakes

**Self-help skills**

* Independence skills – getting dressed, brushing teeth/hair, putting shoes on, tidying room etc.
* Hanging up jacket, putting shoes away, clearing dishes after dinner
* Carrying nursery bag/school bag

**Attention**

* Developing concentration skills – concentrating on a task, playing board games, turn-taking etc.
* Perseverance on tasks – encouraging completion of tasks (i.e finishing a jigsaw, putting things away)

**Social development**

* Playing alongside and with other children –encouraging a wider social circle (different social events)
* Following rules
* Sharing and taking turns
* Playground routines – mixing with other children