

NURSERY SCHOOL LUNCH MENU

Oct 2022–23



24/10, 14/11, 05/12, 26/12, 16/01, 06/02, 27/02, 20/03, 10/04, 01/05, 22/05, 12/06, 03/07, 24/07, 14/08, 04/09, 25/09, 16/10

WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Starter	Melon Slices	Golden Lentil Soup (V) (C)	Vegetable & Rice Soup (V) (C)	Crudit� Platter with Herb Dip (V) (E)	Spring Vegetable Soup (V) (C)
Meal Option	Breaded Fish Fingers with Diced Potatoes & Peas (F) (F) • (G)	Vegetarian Sausage Roll with Mashed Potatoes & Baked Beans (V) (G) • (S) • (SU)	Chicken & Gravy Pie with Baby Boils & Fresh Seasonal Vegetables (CH) (G) • (C)	Farm Assured Beef Bolognese with Crunchy Salad (B) (G) • (C)	Vegi Meatballs in a Tomato Sauce with Penne Pasta and Sweetcorn (V) (G) • (S) • (C)

31/10, 21/11, 12/12, 02/01, 23/01, 13/02, 06/03, 27/03, 17/04, 08/05, 29/05, 19/06, 10/07, 31/07, 21/08, 11/09, 02/10

WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Starter	Fruit Platter	Golden Lentil Soup (V) (C)	Vegetable & Rice Soup (V) (C)	Crudit� Platter with Herb Dip (V) (E)	Spring Vegetable Soup (V) (C)
Meal Option	Free Range Omelette with Diced Potatoes & Garden Peas (V) (E) • (M)	Mature Cheddar Macaroni Cheese with Garlic Bread & Crunchy Salad (V) (G) • (M)	Cheese & Tomato Pizza with Garlic Bread & Sweetcorn (V) (G) • (M)	Traditional Steak Pie with Baby Boils & Fresh Seasonal Vegetables (B) (G) • (C)	Salmon & White Fish Goujons with Wedges & Sweetcorn (F) (F) • (G)

07/11, 28/11, 19/12, 09/01, 30/01, 20/02, 13/03, 03/04, 24/04, 15/05, 05/06, 26/06, 17/07, 07/08, 28/08, 18/09, 09/10

WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Starter	Melon Boats	Crudit� Platter with Mayo Dip (V) (E)	Vegetable & Rice Soup (V) (C)	Golden Lentil Soup (V) (C)	Spring Vegetable Soup (V) (C)
Meal Option	Tomato & Roasted Vegetable Pasta with Garlic Bread (V) (G) • (M) • (C)	Chicken Curry with Wild Rice & Sweetcorn (CH) (C) • (MU)	Scottish Beef Mince Pie with Baby Boils & Fresh Seasonal Vegetables (B) (G) • (C)	Mature Cheddar Macaroni Cheese with Wedges & Garden Peas (V) (G) • (M)	Mini Chicken Burger in a Warm Bun with Shredded Lettuce & Mayonnaise (CH) (G) • (S) • (E)



- **FOOD ALLERGIES:** 'MAY CONTAIN' ALLERGENS ARE NOT STATED ON THE MENU. IF YOU REQUIRE FURTHER ALLERGY INFORMATION PLEASE SPEAK TO A MEMBER OF THE CATERING TEAM.
- **PRODUCTS:** VEGETARIAN (V) • CHICKEN (CH) • BEEF (B) • FISH (F).
- **ALLERGIES:** GLUTEN (G) • CELERY (C) • CRUSTACEANS (CR) • EGG (E) • FISH (F) • LUPIN (L) • MILK (M) • MOLLUSCS (MO) • MUSTARD (MU) • NUTS (N) • PEANUTS (PN) • SESAME (SE) • SOYA (S) • SULPHITES (SU).
- AFTER ANY HOLIDAY THE 1ST DAY BACK WILL ALWAYS BE THE MONDAY MENU AND THEN THE NORMAL DAYS WILL FOLLOW.

