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|  | Date | Tweet |
|  | 14/4/2020 | Why does play matter?  The need for a child to play is embedded in your child’s biology and their brain. It is essential to their social, emotional, intellectual and physical wellbeing, Play builds healthy brains and healthy bodies. <https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/look-say-sing-play/> |
|  | 15/4/2020 | Play allows children to explore feeling s and express themselves. Through play, children develop an understanding of their own feelings and through interactions they learn about the feeling of others. <http://www.hanen.org/Helpful-Info/Articles/The-Land-of-Make-Believe.aspx> |
|  | 16/4/2020 | Play helps children develop the ability to ‘bounce back’. Through trial and error there will be some frustration then a sense of accomplishment when they solve the problem. Children learn to persist when they face challenges. <https://issuu.com/playwales/docs/building_resilience_> |
|  | 17/4/2020 | *Relationships are developed through play. Children bond with others and relationships are formed. Children watch others’ actions. They will watch you, their siblings, and learn from it.*  <https://www.scottishbooktrust.com/reading-and-stories/why-share-songs-and-rhymes> |
|  | 20/4/2020 | Children explore through play. They explore the things around them and manipulate them. They learn about how objects function and relate to one another and can be creative about how objects may be used. #LetsPLayERC <https://www.communityplaythings.co.uk/learning-library/articles/printing-and-painting> |
|  | 21/4/2020 | Play is messy, noisy and dirty! Children need space and time to play, to take risks, develop independence and to experiment. Trial and error promotes learning, resilience, self-esteem, confidence and problem solving. Have fun and try not to take over! #LetsPlayERC <https://www.playfulchildhoods.wales/Pages/Category/top-tips-playful-parenting> |
|  | 22/4/2020 | Play and Brain Development  Playful experiences help our children’s brains to develop. When a child sees, hears, feels and creates during play, connections in the brain are made and strengthened. Fun, playful times help children to learn and feel emotionally well. <https://www.youtube.com/watch?v=VNNsN9IJkws&feature=youtu.be> |
|  |  | Play and Child Development  Youtube clip : This is me: Article 31 and a Child’s Right to Play.  *Play is the primary means by which children explore and learn about the world and themselves. Play is absolutely fundamental to children’s physical social, mental emotional development.*  Professor Roger Hart. Director of Children’s Environmental Research Group. City University of New York. |