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Supporting Adopted & Looked-after Children in School

Recommended Books, Websites & References

Books

- Inside I'm Hurting –Louise Bombèr
- What About Me? –Louise Bombèr
- Attachment Aware School Series –Louise Bombèr
- Settling to Learn –Louise Bombèr & Dan Hughes
- Becoming an Adoption-Friendly School –Emma Gore Langton & Katherine Boy
- Parenting a Child who has Experienced Trauma –Dan Hughes•
- Brain-Based Parenting: The Neuroscience of Caregiving for Healthy Attachment –Jon Baylin & Dan Hughes
- The Neurobiology of Attachment-Focused Therapy –Jon Baylin & Dan Hughes
- The Boy Who Was Raised as a Dog –Bruce Perry & Maia Szalavitz
- The Great Behaviour Breakdown –B Bryan Post
- No Matter What –Sally Donovan
- How Children Succeed: Grit, Curiosity and the Hidden Power of Character –Paul Tough
- Learning the Dance of Attachment –Holly Van Gulden
- Real Parents, Real Children: Parenting the Adopted Child –Holly Van Gulden
- Observing Children with Attachment Difficulties in School: A Tool for Identifying and Supporting Emotional and Social Difficulties in Children Aged 5-11–Kim Golding
- Observing Adolescents with Attachment Difficulties in Educational Settings -Kim Golding
- What a Muddle –Renee Marks & Jess Van der Hoech

Useful Websites

- www.the-arc.co.uk- The ARC Attachment Research Community –a useful resource dedicated to sharing best practice in using the findings of neuroscience to understand the processes of attachment and trauma and to support children to achieve their potential
- www.touchbase.org.uk -Attachment support service for schools (Louise Bombèr)
- <http://ddpnetwork.org/uk> -The UK website for Dyadic Developmental Psychotherapy (DDP)and the PACE approach pioneered by Dan Hughes, a clinical psychologist and expert in attachment theory.
- <http://www.saia.org.uk> -Scottish Attachment in Action (SAIA) campaigns to promote better experiences of attachment in the Scottish population.

- <http://enquire.org.uk> -Enquire is the Scottish advice service for additional support for learning. Lots of practical advice and information about the education and additional support needs system in Scotland.
- www.bravehearteducation.co.uk -A fantastic resource for helping and supporting those working with vulnerable children –whether they are looked after, adopted or in challenging home environments.
- www.attachmentawareschools.com -A partnership between a range of third sector organisations, attachment specialists and schools. Focus on Emotion Coaching.
- www.nurturegroups.org –The Nurture Group Network promotes the development of nurture groups for troubled pupils and aims to ensure that the connections between learning and early development are understood throughout education.
- www.thriveapproach.com -The Thrive Approach draws on insights from neuroscience and attachment theory to equip education professionals to work in a targeted way with children and young people who have struggled with difficult life events to help them re-engage with life and learning.
- www.elsa-support.co.uk -Supports the teaching of emotional literacy and emotional intelligence with beautifully designed resources useful to anyone working with children.
- www.emotionalliteracy.eu -Emotion coaching, games & exercises for schools.
- www.minds-in-bloom.com -Teaching strategies, brain break exercises and classroom management
- www.rootsofempathy.org -Emotional literacy ideas
- <http://www.asdvisualaids.com> -Visual Aids for teachers/Educational resources for children with SEN
- <http://carolgraysocialstories.com> -Social stories -designed for use with autism but wider applications•www.familyfutures.co.uk-DVDs, leaflets and training to supporting children whose early life experiences have affected their ability to function effectively at school
- <http://www.seasonsforgrowth.org.uk> -Aims to build resilience in children and young people dealing with significant loss or change.

DVDs, Video Clips and Online Resources•

- **Adoption & Attachment**, short videos including teacher-parent role-play.
<https://www.adoptionuk.org/scotland#Videos>
- **The ARC –Attachment-aware schools in Stoke on Trent** -
Videoclip<https://www.youtube.com/watch?v=uMbhb2I4ut0#action=share>
- **Attachment Aware Schools**
<http://www.attachmentawareschools.com/filmwindow.php>-Video on the importance of attachment in learning
- **Introduction: why attachment matters (Inside I'm Hurting)**
<https://vimeo.com/88333079?ref=fb-share>

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- **The Child who Mistrusts Good Care:** How early years trauma affects the brain (Dan Hughes) -Youtube Video <https://www.youtube.com/watch?v=xuRagD9ES9w&t=313s>
- **Empowering Attachments** <https://www.adoptionuk.org/scotland#Videos>
- **Looked-after & Learning**-Guide to Improving the learning journey of looked after children, produced by CELCIS (Centre of Excellence for Looked-after Children in Scotland) https://www.celcis.org/files/8714/5795/4210/Lookedafterandlearningimproving_the_learning_journey.pdf
- **School Survivors** <https://www.adoptionuk.org/scotland#Videos>•Supporting adopted children in school -A guide for parents and schools by Essex County Council https://www.essex.gov.uk/Publications/Documents/Supporting_Adopted_Children_In_School.pdf
- **Taming the Tiger:** 3 DVD set –Dr Renee Marks -DVD set focusing on dissociation as the result of trauma
- **Trauma in the Classroom** -DVD(Only avail on YouTube) https://www.youtube.com/watch?v=yC_3NNJE1XY
- www.bravehearteducation.co.uk/-Free education guide and 3-part video course on attachment
- **Understanding Why**-National Children's Bureau guide to understanding attachment in education settings,with useful case studies http://www3.hants.gov.uk/ncb_understanding_why1__2_.pdf

Visit the Adoption UK websites www.adoptionuk.org.uk/Scotland and <https://adoption.scot/> or call our helpline on 0300 666 0006.



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