



manor
adventure

Lockerbie Manor
Residential

13th – 17th March 2023

**ACTIVITY COURSES FOR THE
DEVELOPMENT OF YOUNG PEOPLE**

An introduction to outdoor pursuits in a safe environment













Outdoor Learning

‘The core values of *Curriculum for Excellence* resonate with long-standing key concepts of outdoor learning. Challenge, enjoyment, relevance, depth, development of the whole person and an adventurous approach to learning are at the core of outdoor pedagogy. The outdoor environment encourages staff and students to see each other in a different light, building positive relationships and improving self-awareness and understanding of others.’

Curriculum for Excellence through Outdoor Learning

Outdoor learning and activities

Spending time away from the home environment gives children and young people opportunities to develop:

- confidence, by living more independently and making their own decisions
- resilience, by having individual and group ownership for learning, community living and sharing free time
- a sense of adventure, by exploring new places and new environments
- a chance to reflect on experiences and learning - sense of personal achievement
- social skills, learning about collaboration and respect for others.
- team building skills – working with other cluster primaries



Accommodation

- En-suite bedrooms for 4-8 children (same gender)
- Teacher rooms adjacent to pupil rooms
- Cluster schools: separate dorms
- Cluster schools: eat and outdoor activities together; common rooms/ areas downstairs in the house and in the grounds





Health & Safety

- Approved centre status – ERC
- Regularly inspected by Health & Safety Executive
- Conforms to all Governing Body Guidelines
- Each outdoor pursuit is risk assessed
- Outdoor pursuits, equipment and instructors continually assessed and monitored
- Duty Instructor and First Aid (24 hours); radio linked outdoor pursuits



Insurance Cover

- Covered by East Renfrewshire's Insurance Policy (AIG)
- Full details available from council's insurance officer

First aid room

DUTY INSTRUCTOR
Ben Cleverly

NAME

LOCATION

ACCIDENT / CASE







Food

- Plentiful, child-friendly and nutritious
- Full Scottish breakfast; range of options
- Substantial lunch and cooked dinner
- Always plenty of choice
- Vegetarians, Vegans and all other/ special dietary requirements catered for







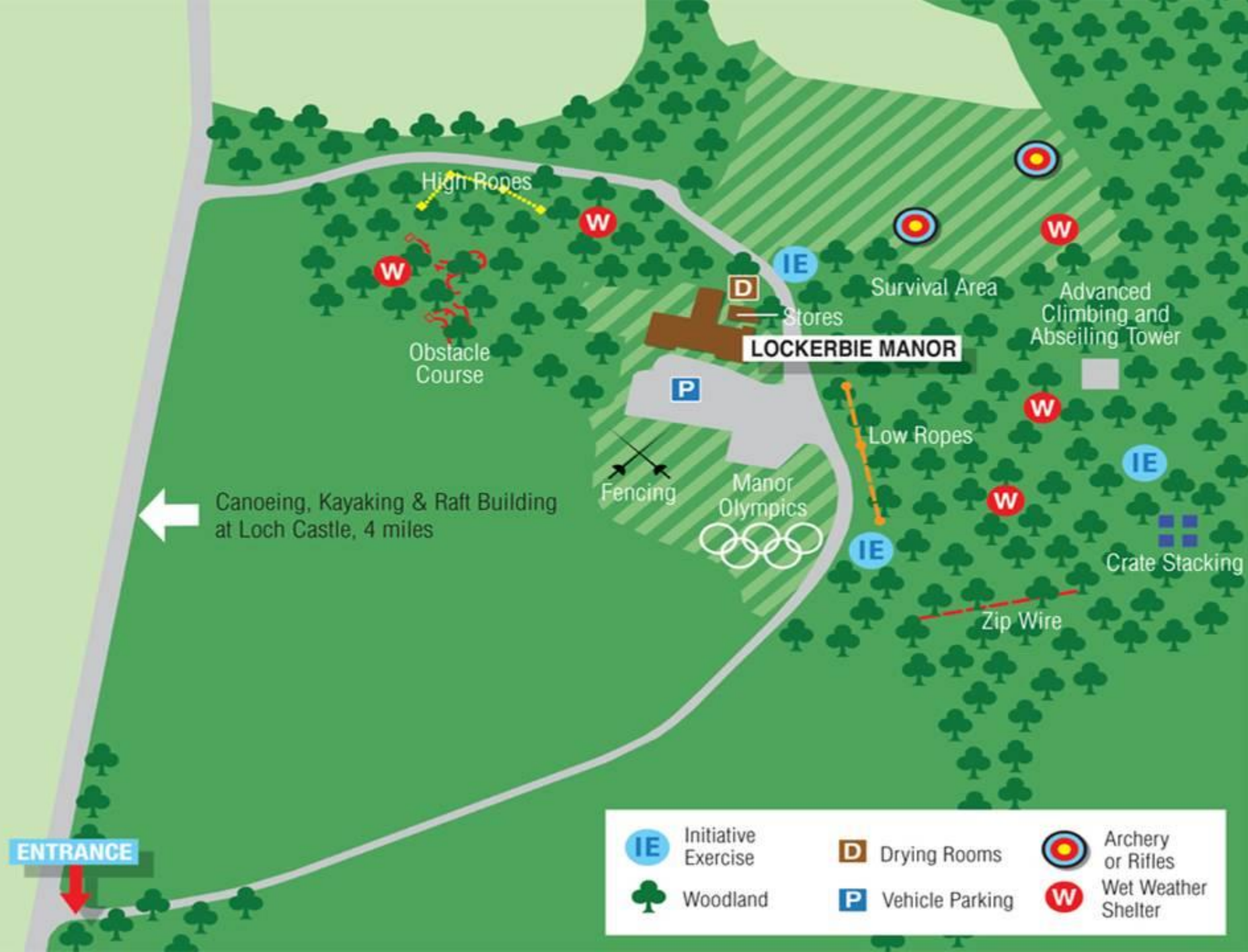






Outdoor pursuits week overview

- Leave school on Monday to arrive by 14:00
- Children shown Lockerbie Manor/ dorms
- Fire drill and safety information
- First outdoor pursuit at 15:30
- Each outdoor pursuit lasts 1.5 hours
- Second outdoor pursuit at 19:00
- 5 outdoor pursuits per day Tue – Thu; 2 on Friday
- Depart after lunch on Friday at 13:00; ETA 15:00







Activities available (range of events)

- Abseiling
- Archery
- Bivouac Building
- Blind Trail
- Camp Craft Skills
- Climbing
- Compass Work
- **Crate Stacking**
- Disco
- Evening Walk
- Expedition Experience
- Fencing
- Film Studies / Video
- **High Ropes**
- Hill Walk
- Initiative Exercises
- Low Ropes
- Manor Olympics
- Mountain Biking
- Nature Trail
- Obstacle Course
- Orienteering
- Overnight Camp
- Scavenger Skills
- Team Games
- Wide Games
- Zip Wire







School Website and Twitter feeds

- Images from last year
- Lockerbie Manor/ Manor Adventure websites – search





Next Steps – Deposit Payment

- Total cost - £295
- Deposit of **£50** by Friday 30th Sep. 2022
- Gift/ tuck shop - £8 maximum



Next Steps - Payment

Proposed Payment Schedule (optional):

- 30th September 2022: £50 deposit
- October 2022: £60
- November 2022: £60
- January 2023: £60
- February 2023: £65

Next Steps

- PPT onto school website; letter to follow
- Challenge by choice
- Preparation: sleep-overs and bag-packing!
- Deposit payment required by **Friday 30th September 2022**
- Any questions or concerns, please ask us!