



GIFFNOCK PRIMARY SCHOOL

March 2022

Dear Parent / Carer,

Bikeability Level 1 Training – P5A and P5B

During Primary 5, pupils are provided with training to support them in riding their bicycles safely and with more confidence. This training is known as Bikeability. It is designed to give children the skills and knowledge they need to eventually cycle safely on today’s roads. Bikeability 1 is a fun introduction to cycling and is based within the school playground. **Please note this is with school staff and Bikeability trainers in our school playground. Not the roads.**

For your child to take part, you need to make sure:-

- that your child’s bicycle is in a safe condition. Further information on this is attached.
- your child brings in a helmet and is suitably dressed. This should include a jacket, tracksuit or similar leisure trousers and trainers.

The dates for the three sessions are as follows:

1. Wednesday 20 April 2022 2. Wednesday 27 April 2022 3. Wednesday 4 May 2022

Please note that the school have a number of bikes that can be borrowed for these lessons. Please indicate below if this is the case and we will organise this for your child. Similarly if your child is not yet riding, please indicate below and we will ensure extra practice in a smaller group. Our Bikeability lessons will take the place of our PE lessons during these dates.

Please sign and return the attached form.

Yours sincerely,

Ms Kirsty Rawley
Depute Headteacher

✂ -----

PLEASE RETURN TO THE SCHOOL OFFICE FOR TUESDAY 8TH MARCH 2022

My child (child’s name) and class

Has a bike (YES/ NO) Has a helmet (YES/ NO)

My child is confident riding a bike (YES/NO) - if no please give details of any previous experience, for example if still using stabilisers or has never ridden a bike.

.....

Signed Date

East Renfrewshire Council will not be responsible for damage to or loss of your child’s bicycle.