



Generalisation handout

Your child has completed their sessions with the Speech and Language Therapist. Their everyday talking may still sound the same. Although your child is able to say their tricky sounds in the clinic they might still find it difficult to use new sounds in everyday talking. Changing the way we talk is really difficult and it may take a long time for your child to use their new sounds. We are aiming for the new sounds to be used in everyday speech over time - don't expect it to happen overnight! Your child will need your help to use their sounds in a range of contexts before they are able to use them in their everyday talking.



Helping Your Child Use Their New Sounds in Everyday Speech

When your child says the old sound instead of the new sound, for example, 'There's the tun' you could ask "Is it tun or sun?" or prompt them by saying 'There's the ...?' and see if your child can spot the error and correct it.

Choose a short time in the day when the new sounds are to be used e.g. in the car on the way to school. You can slowly increase this time.

Identify the words that are tricky for your child and put these onto a list. Daily practise should make it easier for the child to use these words.

Choose certain words which will be said with the new sounds all the time. Start with one word and slowly build up.

As your child becomes better at self-correcting, just a 'certain look' may be enough to make them think again and try to spot and correct their error.

Over time you may be able to phase out all extra help as your child gradually uses the new sound all the time in everyday speech.

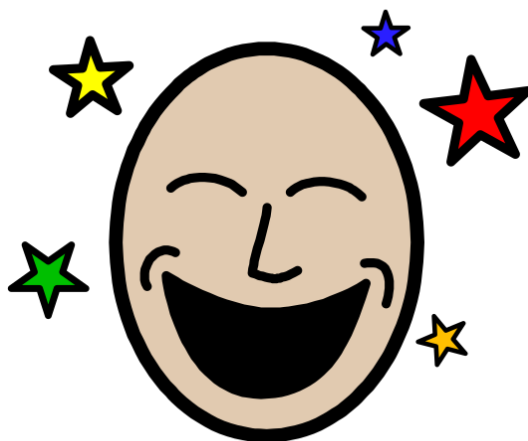
Remember:

Continue to carry out the work given to you by the therapist so that your child can practise little and often (e.g. 5 minutes twice a day)

Repeat the activities again and again, each time your child tries to say the sound the easier it becomes for them.

Don't correct speech throughout the day as this could be stressful for your child.

Keep it fun!





Speech and Language Therapy Dept
Barrhead Health and Care Centre
213 Main Street
Barrhead
G78 1SW

Tel: 0141 800 7117