



Thursday 11th June 2020

It is week 4 of Smile Month. We would love you to time yourself brushing your teeth this week and send us a photo if you can 😊



You should try to brush your teeth for 2 whole minutes but that is a very long time! Why not get someone to time you for 2 minutes and see if you can manage this?

Listen to this song while you are brushing, it's just a little longer than 2 minutes.

https://www.youtube.com/watch?v=wCio_xVlgQQ

Now have a go at doing some other things for 2 minutes.

- How many star jumps can you do in 2 minutes? Get someone to count with you and maybe even write the number or get someone to help you?
- How many times can you get the socks into the box in 2 minutes (see yesterday's tasks)
- How many times can you write your name or the first letter of your name in 2 minutes?
- What number can you count up to in 2 minutes?
- How big a tower can you build in 2 minutes?

Think up some other challenges and have fun timing yourself!