



Thursday 30<sup>th</sup> April 2020

## Fruit kebabs



This is a tasty snack to prepare (and especially refreshing on warm days) and it's fun too. You could always add a fruit that you've not tried before to see if you like it.

If you are very careful you could chop and cut the fruit yourself and thread it onto your skewer or cocktail stick.

You will need:

To wash your hands!

A chopping board

A sharp knife or cutter

Different types of fruit

A skewer or cocktail stick.

Talk about the different colours, shapes and sizes of the fruit as you prepare it. Count your pieces of fruit as you thread them.



Can you make a pattern with your fruit? Or one with all the same colour?



I enjoyed using my apple cutter. Can you see how many pieces I ended up with? Remember apples only work if you're going to eat your kebab right away.



If you are feeling very creative you could link your fruit kebab to the colours of the rainbow! (This is one someone else made)



Why not try a blindfold taste test? Can you guess which fruit you are eating?

Here is the story of "The Hungry Caterpillar" by Eric Carle. You will recognise many fruits in this story just like the ones in your kebab. Enjoy!

<https://www.youtube.com/watch?v=75NQK-Sm1YY>