



This is me!

Tuesday 21st April 2020

Today you could use your whiteboard and pen to draw yourself so that we can "see" you.

Try to add as much detail to your drawing as you can. Try writing your name too. Remember you can use your dotty name to help you 😊



Mrs Bradley

Remember to grip your pen or pencil like a wee nippy crab called a

pincer grip



Try practising your pincer grip by picking up small items with your thumb and forefinger (dried pasta, buttons, cheerios...).



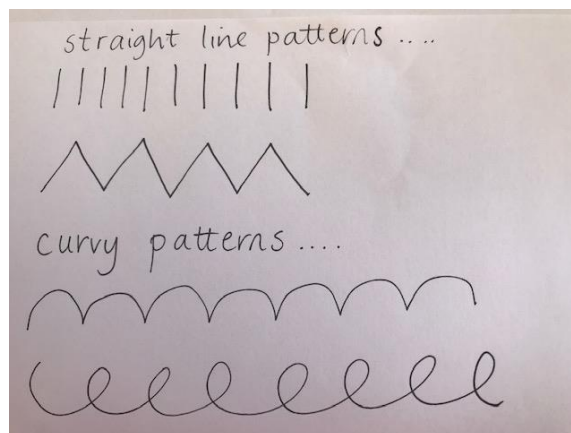
Try using a clothes peg to do this which is quite tricky but great fun. Move your objects from one bowl to another. How many can you move? If you drop one start again!



If you have some clothes pegs and a pot of any kind, you can strengthen your pincer grip by attaching the pegs to the edge of the pot. Remember to hold the peg with your thumb and forefinger. It doesn't matter if you are left or right-handed.



Finally if you want to do some more writing you could draw letter-like patterns or write the names of the people in your family with their help.



Have fun!