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Date: 24th February 2020

Dear Parent/Carer

St Ninians & Woodfarm clusters: P4-P7 Ski Club

We are delighted to be able to offer another 2 x block (blocks 3 & 4) of ski lessons this academic year at an extremely reduced rate. Please see below for more details. The sessions will take place at Glasgow Ski & Snowboard Centre, Bellahouston Park, 16 Dumbreck Road, Glasgow, G41 5BW along with pupils from the other St Ninians cluster schools and the Woodfarm cluster schools. The details of the clubs are as follows:

Activity: P4 – P7 SKI CLUB – BLOCK 3 (booking opens Friday 28th Feb)
Levels: **Level 1+** (Improver) / **Level 2** (Intermediate) / **Levels 3 & 4** (Advanced/Intermediate) **and Levels 5 & 6** (Advanced)
Dates: WEDNESDAY 11th Mar, 18th Mar, 25th Mar, 1st Apr, 22nd Apr, 29th Apr (6 weeks)
Time: 4.30pm – 5.30pm (Arrive at the Centre at 4.15pm – week 1)
Cost: £42 for the 6-week block (Cost includes all ski equipment)

Activity: P4 – P7 SKI CLUB – BLOCK 3 (booking opens Friday 28th Feb)
Levels: **Level 1+** (Improver) / **Level 2** (Intermediate) / **Levels 3 & 4** (Advanced/Intermediate)
Dates: THURSDAY 5th Mar, 12th Mar, 19th Mar, 26th Mar, 2nd Apr, 23rd Apr (6 weeks)
Time: 4.30pm – 5.30pm (Arrive at the Centre at 4.15pm – week 1)
Cost: £42 for the 6-week block (Cost includes all ski equipment).

Activity: P4 – P7 SKI CLUB – BLOCK 4 (booking opens 28th April)
Levels: **Level 2** (Intermediate) / **Levels 3 & 4** (Advanced/Intermediate) **and Levels 5 & 6** (Advanced)
Dates: WEDNESDAY 6th May, 13th May, 20th May, 27th May, 3rd June, 10th June (6 weeks)
Time: 4.30pm – 5.30pm (Arrive at the Centre at 4.15pm – week 1)
Cost: £42 for the 6-week block (Cost includes all ski equipment)

Activity: P4 – P7 SKI CLUB – BLOCK 4 (booking opens 28th April)
Levels: **Level 1+** (Improver) / **Level 2** (Intermediate) / **Levels 3 & 4** (Advanced/Intermediate)
Dates: THURSDAY 30th Apr, 14th May, 21st May, 28th May, 4th June, 11th June (6 weeks)
Time: 4.30pm – 5.30pm (Arrive at the Centre at 4.15pm – week 1)
Cost: £42 for the 6-week block (Cost includes all ski equipment).

Anthony McReavy, Chief Executive,
St John's Campus, Ground Floor, 18 Commercial Road, Barrhead, G78 1AJ

Lesson Levels: It is your responsibility to ensure that your child is booked into the correct level of lesson; the ski centre cannot accommodate changes on the day. If you are unsure of the levels, please read the information below. Level One skiers must attend the first session; they will be unable to join from week two.

Beginner (Level 1) – I have never been on skis before or have only had a taster lesson.

Improver (Level 1+) – I am able to control my speed by using a snowplough, from halfway on the small slope.

Intermediate (Level 2) – I am able to control my speed by linking snowplough turns from the top of small slope.

Advanced / Intermediate (Levels 3 & 4) – I am able to control my speed by linking plough-parallel turns on the main slope.

Advanced (Levels 5 & 6) – I am able to link parallel turn consistently on the main slope, maintaining balance and speed control.

Your child's needs: If your child has any additional support needs the Instructor should know about, particularly visual or hearing impairments, physical difficulties, illness or allergies, please ensure that this information is provided at the time of booking, and make a point of repeating this information on the first day of the course.

Clothing: Please ensure your child is always dressed appropriately for the weather conditions. In cold weather or on a rainy evening please ensure that children have a warm waterproof jacket. In spring and autumn, it can be warm outside, and it is important that your child does not over-heat. In warm weather children will benefit from long-sleeved training tops, and a light waterproof jacket. All slope users require long sleeves, long trousers and **MUST** wear gloves whilst on the slope. It is advised that all children wear helmets on the slope, the Ski Centre do have a stock of helmets for those that need to borrow one to get started in the sport – just ask! It is recommended that you provide your own where possible to ensure its fit, safety and reliability.

Transport: This programme is a partnership between East Renfrewshire Active Schools and Glasgow Ski and Snowboard Centre. Please note that no transport will be provided to the Ski Centre; therefore you must make appropriate arrangements for your child to be dropped off and collected from the venue.

Please note that these sessions are run through a close partnership between Glasgow Ski and Snowboard Centre and ERCL Active Schools and therefore Glasgow Ski and Snowboard Centre will share your child's name and school for statistical purposes with us.

Places are limited. If your child is interested in attending the club, please call the Glasgow Ski Centre on 0141 427 4991 to make a payment (please note when booking opens above).

Yours sincerely,

Kerry Comerford
Active School Co-ordinator

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