

East Renfrewshire Culture & Leisure Limited
St John's Campus
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Date: 1st October 2019

Dear Parent/Carer

Woodfarm & St Ninians Cluster: P4-P7 Ski Club

The partnership between Glasgow Ski and Snowboard Centre and East Renfrewshire Active Schools has grown from strength to strength over the years within both the St Ninians Cluster and Woodfarm cluster primary schools. Currently, there is no Active Schools Coordinator in post for the Woodfarm cluster, therefore we have merged the Woodfarm cluster and St Ninians cluster together for the ski lessons. We are delighted to be able to offer another block of ski lessons at an extremely reduced rate. Please see below for more details. Please note the sessions last 1 hour and the cost has been adjusted accordingly. The sessions will take place at Glasgow Ski & Snowboard Centre, Bellahouston Park, 16 Dumbreck Road, Glasgow, G41 5BW along with pupils from the other St Ninians cluster schools. The details of the clubs are as follows:

Activity: P4 – P7 SKI CLUB

Levels: Beginner / Improver / Intermediate / Advanced/Intermediate / Advanced

Dates: WEDNESDAY 23rd Oct, 30th Oct, 6th Nov, 13th Nov, 20th Nov, 27th Nov (6 weeks)

Time: 4.30pm – 5.30pm (Arrive at the Centre at 4.15pm – week 1)

Cost: £42 for the 6-week block (Cost includes all ski equipment)

Activity: P4 – P7 SKI CLUB

Levels: Beginner / Improver / Intermediate / Advanced/Intermediate

Dates: THURSDAY 24th Oct, 31st Oct, 7th Nov, 14th Nov, 21st Nov, 28th Nov (6 weeks)

Time: 4.30pm – 5.30pm (Arrive at the Centre at 4.15pm – week 1)

Cost: £42 for the 6-week block (Cost includes all ski equipment).

Lesson Levels: It is your responsibility to ensure that your child is booked into the correct level of lesson; the ski centre cannot accommodate changes on the day. If you are unsure of the levels, please read the information below. Level One skiers must attend the first session; they will be unable to join from week two.

Anthony McReavy, Chief Executive,
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Beginner (Level 1) – I have never been on skis before or have only had a taster lesson.

Improver (Level 1+) – I am able to control my speed by using a snowplough, from halfway on the small slope.

Intermediate (Level 2) – I am able to control my speed by linking snowplough turns from the top of small slope.

Advanced / Intermediate (Levels 3 & 4) – I am able to control my speed by linking plough-parallel turns on the main slope.

Advanced (Levels 5 & 6) – I am able to link parallel turn consistently on the main slope, maintaining balance and speed control.

Your child's needs: If your child has any additional support needs the Instructor should know about, particularly visual or hearing impairments, physical difficulties, illness or allergies, please ensure that this information is provided at the time of booking, and make a point of repeating this information on the first day of the course.

Clothing: Please ensure your child is always dressed appropriately for the weather conditions. In cold weather or on a rainy evening please ensure that children have a warm waterproof jacket. In spring and autumn, it can be warm outside, and it is important that your child does not over-heat. In warm weather children will benefit from long-sleeved training tops, and a light waterproof jacket. All slope users require long sleeves, long trousers and **MUST** wear gloves whilst on the slope. It is advised that all children wear helmets on the slope, the Ski Centre do have a stock of helmets for those that need to borrow one to get started in the sport – just ask! It is recommended that you provide your own where possible to ensure its fit, safety and reliability.

Transport: This programme is a partnership between East Renfrewshire Active Schools and Glasgow Ski and Snowboard Centre. Please note that no transport will be provided to the Ski Centre; therefore you must make appropriate arrangements for your child to be dropped off and collected from the venue.

Please note that these sessions are run through a close partnership between Glasgow Ski and Snowboard Centre and ERCL Active Schools and therefore Glasgow Ski and Snowboard Centre will share your child's name and school for statistical purposes with us.

Places are limited. If your child is interested in attending the club, please call the Glasgow Ski Centre on 0141 427 4991 **from Tuesday 1st October** to make a payment. **NO BOOKINGS WILL BE TAKEN BEFORE THIS DATE.**

Yours sincerely,

Kerry Comerford
Active School Co-ordinator

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