



Giffnock Primary School

Dear Parent / Carer

20th February 2019

Bikeability Level 2 Training

During Primary 6, pupils are provided with the opportunity to gain experience in riding their bicycles safely. This training is known as Bikeability. It is designed to give children the skills and confidence they need to cycle safely on today's roads.

Part of the programme involves children cycling on local roads. It is believed that this provides a more realistic environment for children and also makes training conditions meaningful. Ultimately it is hoped that the pupils will improve their skills and awareness of real road conditions.

We are emailing to ask if you would like to be involved in becoming a Bikeability Trainer for the school. This would involve coming into school for two sessions per week after the Easter Holidays.

Mr. Connell will lead the sessions and you will be involved, along with other parents, in supervising the workshop.

If you would be interested in helping with this then you would be required to attend a one day training day. These will take place on 14th, 15th, 18th or 19th of March, numbers permitting. The venues are: 14th Mearns PS, 15th Cross Arthurlie PS, 18th Carolside and 19th TBC.

There is no cost for these courses. All you have to do is turn up on the day, suitably dressed for working inside and out, with lunch and a bike (if you have one, they will have some if you don't) and ready to have fun.

This is an excellent way of supporting the school and if you are particularly into cycling then you will experience the satisfaction of seeing pupils gain in confidence over the weeks.

This is open to parents of any child at any stage, not just Primary 6 parents. Please let the school office know if you are interested by calling the number below and **could you let us know by Friday 1st March** for booking purposes.

Tel: 0141 570 7180

Many Thanks

Mr. Connell and Ms. Livingstone
P6 Class Teachers