## **Giffnock Primary School Travel Plan**

The JRSO Committee is actively involved this year in the creation and implementation of the school's Travel Plan. The Travel Plan will contain information on road safety, the green cross code, cycling, walking to school and a new 'park and stride' site for our school to use.

#### More Information

JRSO: Helping children to understand the JRSO programme and ideas for JRSO activities. <a href="http://www.jrso.com/">http://www.jrso.com/</a>

**Road Safety Scotland:** Provides information on road safety resources developed specifically to support Curriculum for Excellence. http://www.roadsafetyscotland.org.uk/

**Bikeability Scotland:** Bikeability Scotland is a cycle training scheme designed to give children the skills and confidence they need both to cycle safely on the roads, and to encourage them to carry on cycling into adulthood. http://bikeabilityscotland.org/











# ALL TOGETHER FOR ROAD SAFETY

Article 31 (Leisure, play and culture): Children have the right to relax and play, and to join in a wide range of cultural, artistic and other recreational activities.



# What is the Junior Road Safety Officer programme?

The Junior Road Safety Officer (JRSO) programme in Scotland puts children in control of highlighting road safety issues within their own school. An empowering programme, it gives senior pupils the opportunity to become JRSOs for a year. Their task is to organise a road safety noticeboard, deliver safety presentations to classes or assemblies and run school road safety competitions.

#### This can include:

- Preparing and maintaining a JRSO noticeboard.
- Providing information on a variety of road safety related activities.
- Facilitating competitions.

JRSOs encourage teachers and young people to engage in activities which will help put pupils on a path to becoming confident individuals. They also help to:

- Assess risk
- Relate to others
- Manage themselves
- Pursue a healthy lifestyle
- Promote health and wellbeing to young people

#### **JRSO Committee**

Class representatives from P6 attend regular meetings. After presentations and elections, class reps are voted in as Junior Road Safety Officers. The successful candidates feed back to the school on different initiatives and assist in the organisation of safe and active travel activities.

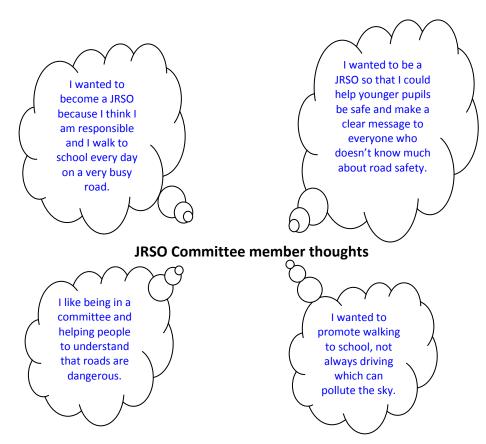
### What is a JRSO?

- JRSO stands for Junior Road Safety Officer.
- JRSOs are a very important part of the primary school as they help raise road safety awareness and promote road safety issues to everyone in the school and the wider community.
- JRSOs may talk at assemblies and to classes on road safety topics.
- JRSOs help to run competitions in the school and get prizes for the winners.



Article 17: You have the right to get information that is important to your well-being.

Giffnock Primary School is officially recognized by Cycling Scotland as a 'Cycle Friendly School'. P6 pupils participate annually in Bikeability Level 2 cycle training, gaining proficiency in cycling safely both within the school grounds and in the wider community. Primary 7 children this year have participated in Level 3 Bikeability. This is a rare and prestigious honour at P7. We are very proud of them.



Article 28: Your education should help you use your talents and abilities. It should also help you to learn to live peacefully, protect the environment and respect other people.