



*manor*  
*adventure*

# *Lockerbie Manor* *Residential*

***4<sup>th</sup> – 8<sup>th</sup> March 2019***

***ACTIVITY COURSES FOR THE  
DEVELOPMENT OF YOUNG PEOPLE***

An introduction to outdoor pursuits in a safe environment











# ***Outdoor Learning***

‘The core values of *Curriculum for Excellence* resonate with long-standing key concepts of outdoor learning. Challenge, enjoyment, relevance, depth, development of the whole person and an adventurous approach to learning are at the core of outdoor pedagogy. The outdoor environment encourages staff and students to see each other in a different light, building positive relationships and improving self-awareness and understanding of others.’

*Curriculum for Excellence through Outdoor Learning 2010*

## **Course benefits; for each and every child**

Spending time away from the home environment gives children and young people opportunities to develop:

- confidence, by living more independently and making their own decisions
- resilience, by having individual and group ownership for learning, community living and sharing free time
- a sense of adventure, by exploring new places and new environments
- a chance to reflect on experiences and learning - sense of personal achievement
- social skills, learning about collaboration and respect for others.
- team building skills – working with other cluster primaries



# ***Manor Adventure Accommodation:***

- En-suite bedrooms for 4-8 children (same gender)
- Teacher rooms adjacent to pupil rooms
- Cluster schools stay together: eat, sleep and outdoor pursuits
- Common rooms/ areas downstairs in the house and in the grounds







## ***The food is child-friendly, plentiful and nutritious:***

- Full Scottish breakfast; range of options
- Substantial lunch
- Excellent cooked dinner
- Always plenty of choice
- Vegetarians, Vegans and all other/ special dietary requirements catered for

# **Health & Safety: No. 1 Priority**

- Approved centre status – ERC
- Regularly inspected by Health & Safety Executive
- Conforms to all Governing Body Guidelines
- Each outdoor pursuit is risk assessed
- Outdoor pursuits, equipment and instructors continually assessed and monitored
- Duty Instructor and First Aid (24 hours); radio linked outdoor pursuits; 4X4 Rescue vehicles





## ***Insurance Cover***

- Covered by East Renfrewshire's Insurance Policy (AIG)
- Full details available from council's insurance officer







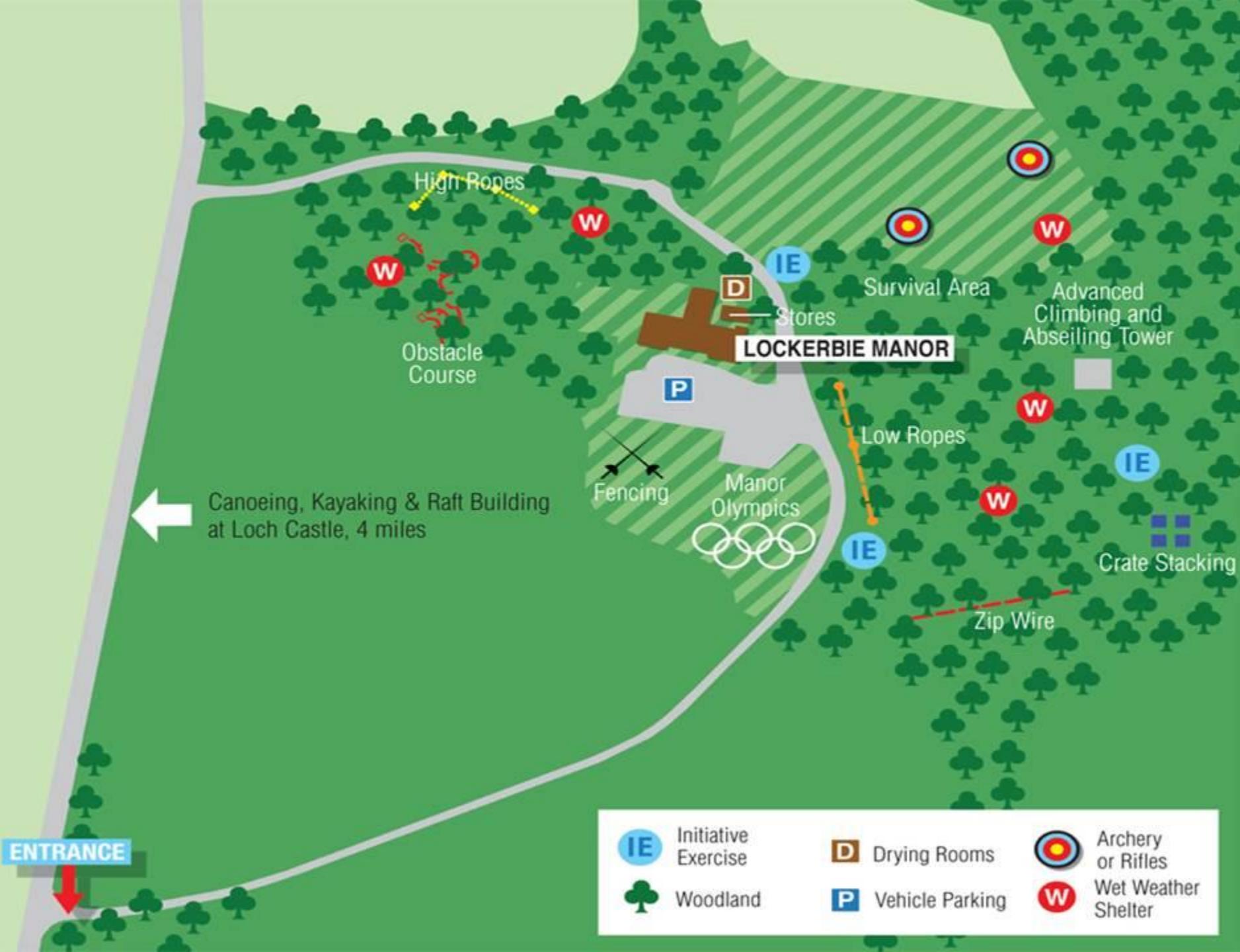






# ***Outdoor pursuits week programme:***

- Leave school on Monday to arrive at 14.00
- Children shown house and dorms
- Fire drill and safety information
- First outdoor pursuit at 15.30
- Each outdoor pursuit lasts 1.5 hours
- Second outdoor pursuit at 19.00
- 5 outdoor pursuits per day
- Depart after lunch on Friday at 13.00







# ***Activities available (range of events):***

- Abseiling
- Archery
- Bivouac Building
- Blind Trail
- Camp Craft Skills
- Climbing
- Compass Work
- Crate Stacking
- Disco
- Evening Walk
- Expedition Experience
- Fencing
- Film Studies / Video
- High Ropes
- Hill Walk
- Initiative Exercises
- Low Ropes
- Manor Olympics
- Mountain Biking
- Nature Trail
- Obstacle Course
- Orienteering
- Overnight Camp
- Scavenger Skills
- Team Games
- Wide Games
- Zip Wire





# ***School Website and Twitter feeds***

- Images from last year
- Lockerbie Manor/ Manor Adventure websites – search





## **Next Steps – Deposit Payment**

- Total cost - £255
- Deposit of **£50** by Mon 24<sup>th</sup> September 2018
- Gift/ tuck shop - £8 maximum



# ***Next steps - Payment***

Proposed Payment Schedule (optional):

➤ 24 <sup>th</sup> September 2018:	£50 deposit
➤ October 2018:	£55
➤ November 2018:	£50
➤ January 2019:	£50
➤ February 2019:	£50

# *Next steps*

- PPT will go on the school website
- Letter to follow confirming all details shared
- Preparation: sleep-overs!
- Deposit payment required by **Monday 24<sup>th</sup> September 2018**