



PRIMARY SCHOOL

East
Renfrewshire
COUNCIL

P1-P7 LUNCH MENU

All meals include each of the following options:

- Drink option including: Plain Milk or Water
- Selection of breads from the bread basket
- Crudité's platter – baby corn, crunchy peppers, cherry tomato baton carrots and seasonal vegetables
- Primary 4 to 7 additional choice daily also additional drinks choice of Assorted Fruit Juice, Flavoured Milk or Aqua 67

Allergies: Before you order food and drink, please speak to a member of the catering team if you have a food allergy or intolerance.

Note: After any holiday the 1st day back will always be the Monday menu and then the normal days will follow.



WEEK 1 16 APR, 7 MAY, 28 MAY, 18 JUN, 13 AUG, 3 SEP, 24 SEP 2018	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP IT UP	Soup of the Day	Fresh Fruit Platter	Soup of the Day	Melon Wedges	Soup of the Day
MAIN 1	Breaded Fish, chips and garden peas	Macaroni Cheese with grated carrot and shredded lettuce	Steak Pie with new potatoes and seasonal vegetables	Chicken Curry with wild rice and spicy onions	Fresh Salmon Fillet with noodle salad
MAIN 2	Tomato and Mozzarella Pasta with crispy garlic bread and sweetcorn	BBQ Chicken Fillet with Couscous and roasted vegetables	Cheese Toastie with mixed salad and fresh coleslaw	Beef Meatball Marinara Panini with tomato salad	Quorn Burger served in a burger bun with sliced tomato
Filled Baked Potatoes Filled Sandwiches and Baguettes	Ham, Cheese, Tuna Mayonnaise or Egg Mayonnaise				
DESSERT	Fresh Fruit Platter	Vanilla Ice Cream	Fresh Fruit Platter	Red Velvet Muffin Slice	Fresh Fruit Platter
P4 - P7 EXTRA COURSE	Seasonal Fruit Crumble	Soup of the Day	Shortbread	Soup of the Day	Rowan Glen Yoghurt

WEEK 2 23 APR, 14 MAY, 4 JUN, 25 JUN, 20 AUG, 10 SEP, 1 OCT 2018	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP IT UP	Soup of the Day	Fresh Fruit Platter	Soup of the Day	Melon Wedges	Soup of the Day
MAIN 1	Beef Meatballs in tomato sauce with spaghetti and sweetcorn	Sweet and Sour Chicken with soft noodles and oriental vegetables	Sausages in onion gravy served with creamy mashed potatoes and sliced carrots	Macaroni Cheese with garlic bread and garden peas	Tandoori Chicken with pasta salad
MAIN 2	Cheese and Tomato Pizza served with herb bread and summer corn salad	Quorn Dippers served with a warm tortilla wrap, crunchy salad and garlic mayonnaise	Cheese Panini with crunchy salad and coleslaw	Fresh made Sausage Rolls with mashed potatoes and seasonal vegetables	Smoked Bratwurst served in a finger roll with sauted onion and tomato relish
Filled Baked Potatoes Filled Sandwiches and Baguettes	Ham, Cheese, Tuna Mayonnaise or Egg Mayonnaise				
DESSERT	Fresh Fruit Platter	Honey Yoghurt and granola	Fresh Fruit Platter	Lemon Drizzle slice	Fresh Fruit Platter
P4 - P7 EXTRA COURSE	Oat Biscuit	Soup of the Day	Raspberry Frozen Yoghurt	Soup of the Day	Flapjack

WEEK 3 30 APR, 21 MAY, 11 JUN, 27 AUG, 17 SEP, 8 OCT 2018	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP IT UP	Soup of the Day	Fresh Fruit Platter	Soup of the Day	Melon Wedges	Soup of the Day
MAIN 1	Chicken Tikka served in a warm wrap with crunchy salad	Macaroni Cheese with garlic bread and garden peas	Chicken Supreme with new potatoes and seasonal vegetables	Beef Bolognese with pasta twists and green beans	Flaked Tuna Pasta served with crunchy salad
MAIN 2	Fish Goujons with diced potatoes and crunchy coleslaw	Chicken Bites and roasted vegetables served on a bed of noodles with BBQ sauce	Cheese and Tomato Pizza with crusty bread and summer corn salad	Quorn Hot Dog served in a sub roll and summer salad	Beefburger served in a warm bun with crispy lettuce
Filled Baked Potatoes Filled Sandwiches and Baguettes	Ham, Cheese, Tuna Mayonnaise or Egg Mayonnaise				
DESSERT	Fresh Fruit Platter	Shortbread	Fresh Fruit Platter	Summer Fruit Muffin Slice	Fresh Fruit Platter
P4 - P7 EXTRA COURSE	Krispie Cake	Soup of the Day	Rowan Glen Yoghurt	Soup of the Day	Ice Cream