



## Promoting Better Eating, Better Learning (BEBL) Healthy Eating Events June 2017

Date	Class	Details
14.6.17	P3s	Fruit kebabs e.g. with tangerines, melon, grapes etc.
16.6.17	P1s	Teachers bring their class along to the blue hall at the times indicated. There will be a selection of fruits available to try. An invite will be sent out to parents so that parents can join their child in the tasting session.
20.6.17	P4s	There will be 4 smoothie making machines, along with ice, fruit and cups delivered to each class by the school kitchen staff.
Wk. begin 12.6.17	P5s	Week beginning the 12th June P5 will be involved in a Design a School Lunch Competition. Pupils use current menus and own ideas to design their own school healthy eating menu with a theme – <i>Superheros</i>  The menus are to be sent to the kitchen on 15 <sup>th</sup> June (and along with some other judges) a winning menu will be decided and this menu will then be served in school on 22.6.17
21.6.17	P2s	Teachers bring their class along to the blue hall at the times opposite. There will be a selection of soups available for tasting.
23.6.17	P6	Teachers split their class into two groups and a PSA will accompany each group to the blue hall. The children will work with kitchen staff to make a layered salad in pairs. Each group visit will last ½ hour.

Primary 7 to support other classes in their activities and provide good role models and help to the younger children. We are going to ask the P7s to also help serve the special winning design menu on 22.6.17 and help organise tables and settings. This is to encourage responsibility and respect.

The Primary 7s will also be able to experience at Woodfarm High School, during their transition days in June, some healthy eating promotions whilst there.