



## Flapjacks

### Ingredients:

150g/5oz/2/3 cup unsalted butter, diced  
150g/5oz/2/3/cup light brown sugar  
30ml/2 tablesp.maple syrup  
200g/7oz/2 cups rolled oats  
50g/2oz/1/4 cup chopped dried apricots (or any dried fruit of choice)

### Method:

Preheat oven to 160°C/325°F/Gas 3  
Lightly grease 18cm/7inch square shallow baking tin  
Melt butter, sugar and maple syrup together in microwaveable bowl  
Add oats and dried fruit  
Spread into baking tin and bake for about 25-30 mins till golden.  
Cut into squares when cool and enjoy!