

**East Renfrewshire Council: Education Department
Practitioner Moderation Template**

Prior to the moderation exercise, please complete the following information and submit it to your facilitator with assessment evidence from one learner that you judge to have successfully attained the Es and Os.

School Code	
Practitioner Code	
Curriculum Area(s)	Health and Wellbeing/Technologies
Level	Second
Stage(s)	7
Specific subject (if applicable)	

Experiences and Outcomes:

By investigating food labelling systems, I can begin to understand their contribution in making healthy food choices. HWB 2-36a

Through discovery and imagination, I can develop and use problem solving strategies to meet design challenges with a food or textile focus. TCH 2-11a

Learning Intentions:

To investigate food labelling systems.

To make healthy food choices.

To develop strategies to meet a design challenge.

Success Criteria: Negotiated with children

- I can investigate and study food labelling systems using food packages.
- I can use the 'traffic light system' to explain how healthy a food is.
- I can make healthy choices related to food labelling and explain whether something is a healthy choice.
- I can meet a given design brief to design a new healthy food product which is labelled appropriately.
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Briefly outline the context and range of quality learning experiences that have been provided making reference to the chosen design principles.

Provide children with a variety of packages to identify different labelling systems.

Explain the traffic light system which most food companies have adopted and look at pamphlet provided from British heart foundation

Create a graph comparing different level of fat, salt and sugar of different products and comment on findings

Comment on whether a food product is a healthy choice or not using the labelling system

Create a healthy menu for a fictional birthday party using knowledge of food labelling system

Create a new healthy food product which is labelled appropriately and based on what they have found out during investigation of different food products.

Record the range of assessment evidence that was gathered to meet the success criteria (Say, Write, Make, and Do) considering breadth, challenge and application.

Say – is this a product a healthy choice and give reasons

Write – graph of different levels of fat/sugar/salt etc – birthday party menu

Make – new healthy product

Did the learner successfully attain the outcomes? **YES**

Briefly outline the oral/written feedback given to the pupil on progress and next steps, referring to the learning intention and success criteria.

See attached paperwork for feedback per lesson.

Pupil Voice:

What have you learned? How did you learn? What skills have you developed?

See attached paperwork for feedback per lesson.

Learner Evidence

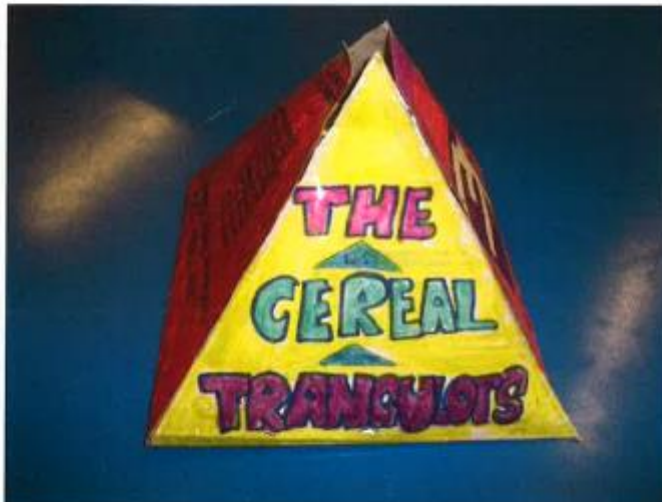


Appendix 1

New breakfast cereal designed by pupil A

SUCCESS CRITERIA

"I can meet a given design brief to design a new healthy food product which is labelled appropriately."



Appendix 1a

Assessment Comments

Pupil: I decided to come up with a new breakfast cereal called The Cereal Triangulots. The cereal is pyramid shapes and contains honey, chocolate sprinkles, peanuts, oats and barley. It is quite a healthy choice because the fat and saturated fat is low. The sugar and salt is medium so this maybe shouldn't be eaten every day but it does contain less sugar than Frosties. I am happy with my product and I think it would appeal to children because of the bright packaging,

If I was going to change anything, I would change the amount of sugar. The chocolate sprinkles could be swapped for raisins to make it healthier.

Teacher Assessment: You have come up with a product which is eye catching and interesting, meeting the design brief. You have also used your knowledge of the labelling of breakfast cereals to label your product appropriately, well done!

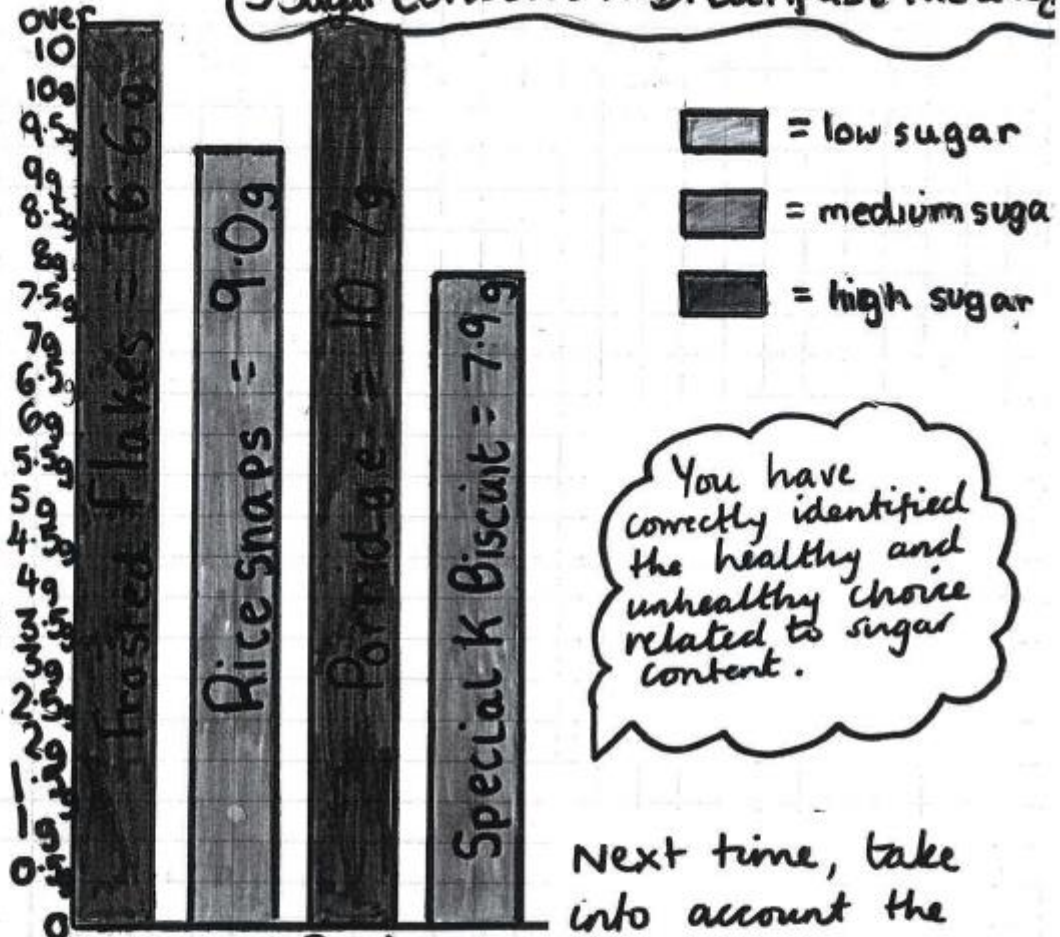
I agree with your comment about how you could make it healthier - it would have been better if it contained less sugar and you included more natural sugars to give it sweetness but you did use honey instead of syrup!

Peer Assessment comment: I like the product. I would like to try it because I love chocolate and honey. The package is bright colours and has a maze on it to complete. It is quite a healthy choice.

13/11/15

Appendix 2

Sugar Content in Breakfast meals



You have correctly identified the healthy and unhealthy choice related to sugar content.

Next time, take into account the full label and ensure Special K is still the healthiest by mentioning fat and salt content.

Results

Frosted Flakes
 Rice Snaps
 Porridge
 Special K biscuit

Frosted Flakes has the highest sugar content. This would not be a healthy choice.

Appendix 3



Children's Birthday

Menu

Brown bread sandwiches with ham or cheese.



Cocktail sausages

Watermelon pizza

Barbecued chicken fajita skewers with peppers and onions

Frozen fruit yogurt

Chocolate covered fruit

Low in sugar Birthday cake

Rainbow cups

Low sugar drinks



I love your menu, it sounds delicious and very appealing to children.

You have chosen foods which are low in saturated fat and included lots of natural sugar - well done!

Peer assessment comment

* I like your menu. You have chosen good food like fruit and peppers.

* Next time say what fruit cups are.