

Emergencies

School

WEEK 1					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP IT UP	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
Main 1	Fish & chips with garden peas (F) Fish and Gluten	Chicken Curry with Wild Rice & Sweetcorn (C) Celery, Mustard, Gluten	Vegetarian Sausages with Mashed Potato and Seasonal Veg (V) Gluten, Soya, sulphites	Cheese & tomato Pizza with Garlic Bread & Summer Corn Salad (V) Gluten, Milk, sulphites, Soya	Quorn Burger in a Warm Bun, Diced Potatoes and Sliced Tomato (V) Gluten, Egg, Milk, Soya, Sesame

WEEK 2					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP IT UP	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
Main 1	Chicken tikka with pitta bread and shredded lettuce/carrots (C) Celery, Soya, Gluten	Quorn Dippers served with a warm wrap and seasonal veg (V) Gluten, Egg, Milk	Cheese & tomato Pizza with Garlic Bread & Sweetcorn (V) Gluten, Milk, Sulphites, Soya	Fish Goujons and spicy wedges and Sweetcorn (F) Fish, Gluten	Quorn Hotdog in a Finger Roll served with Relish & cherry Tomatoes (V) Egg, Gluten, Celery

Daily					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP IT UP	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
Main 1	Tomato & Mozzarella Pasta with garlic bread and roasted vegetables (V) Celery, Gluten, Soya, Milk	Pizza with Garlic Bread and Mixed Salad (V) Gluten, Milk, Soya	Tandoori Chicken served with a warm wrap and shredded lettuce/carrot (C) Celery, Gluten, Soya	Meatball Marinara Baguette with corn salad (C)	Chicken Burger in a warm Bun with Shredded Lettuce (C)

Starter					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
included with all meal	Melon Slices	Golden Lentil Soup Celery	Vegetable Soup Celery	Lentil and vegetable soup Celery	Spring vegetable soup Celery