

SCOTTISH SCHOOLS MEAL WEEK

Week beginning 29th October



MONDAY

Meat Free Day

Tomato and Vegetable Soup
Tandoori Quorn with Wild Rice
and Spice Onions
or
Homemade Vegetarian Sausage
Roll with Potato Wedges
and Beans
Vanilla Ice Cream with
Fresh Fruit

WEDNESDAY

Halloween

Witches Brew
Pumpkin and Lentil Soup
Zombie's Fingers
Mini Sausages, Mash and Carrots
or
Wizards Spell
Cheesy Beans with
Crunchy Coleslaw
Devils Delight
Cobweb Chocolate Cake

FRIDAY

Scottish School Cook of the Year

Tracey's Tantalizing Wraps
Tray of Delicious Delights
Baked Potato, Sandwich and
Baguette options also available

