

WEEK 1

4/10, 25/10, 15/11, 6/12, 27/12, 17/1, 7/2, 28/2, 21/3, 11/4, 2/5, 23/5, 13/6, 4/7, 25/7, 15/8, 5/9, 26/9	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meal Allergens	Fish & chips with garden peas (F) <i>Fish and Gluten</i>	Chicken Curry with Wild Rice & Sweetcorn (C) <i>*Sauce Celery, Mustard, Gluten, Egg, Milk</i>	Vegetarian Sausages with Mashed Potato and Seasonal Veg (V) <i>Soya, Sulphites</i>	Cheese & tomato Pizza with Garlic Bread & Summer Corn Salad (V) <i>Gluten, Milk, Sulphites, Soya</i>	Quorn Burger in a Warm Bun, Diced Potatoes and Sliced Tomato (V) <i>Gluten, Egg, Milk, Soya, Sesame</i>

11/10, 1/11, 22/11, 13/12, 3/1, 24/1, 14/2, 7/3, 28/3, 18/4, 9/5, 30/5, 20/6, 11/7, 1/8, 22/8, 12/9, 3/10	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Allergens	Chicken tikka with pitta bread and shredded lettuce/carrots (C) <i>Celery, Soya, Gluten</i>	Quorn Dippers served with a warm wrap and seasonal veg (V) <i>Gluten, Egg, Milk</i>	Cheese & tomato Pizza with Garlic Bread & Sweetcorn (V) <i>Gluten, Milk, Sulphites, Soya</i>	Fish Goujons and spicy wedges and Sweetcorn (F) <i>Fish, Gluten</i>	Quorn Hotdog in a Finger Roll served with Relish & cherry Tomatoes (V) <i>Egg, Gluten, Sesame</i>

18/10, 8/11, 29/11, 20/12, 10/1, 31/1, 21/2, 14/3, 4/4, 25/4, 16/5, 6/6, 27/6, 18/7, 8/8, 29/8, 19/9, 10/10	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Allergens	Tomato Pasta with Mozzarella, garlic bread and roasted vegetables <i>Celery, Gluten, Soya, Milk</i>	Cheese Pizza with Garlic Bread and Mixed Salad (V) <i>Gluten, Milk, Soya</i>	Tandoori Chicken served with a warm wrap and shredded lettuce/carrot (C) <i>Celery, Gluten, Soya</i>	Meatball Marinara Baguette with corn salad (C) <i>Celery, Milk, Gluten, Sulphites, Sesame</i>	Chicken Burger in a warm Bun with Shredded Lettuce (C) <i>Gluten, Soya Egg, Milk, Sesame</i>

Daily

Starter included with all meal choices Allergens	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Vegetable soup <i>Celery</i>	Golden lentil Soup <i>Celery</i>	Vegetable Soup <i>Celery</i>	Lentil and vegetable soup <i>Celery</i>	Spring vegetable soup <i>Celery</i>