East Renfrewshire Health and Social Care Partnership
Health Improvement Team
Eastwood Health and Care Centre
Drumby Crescent
Clarkston
G76 7HN

February 2017

Dear parent/guardian,

As you are aware we support the young members of our local communities to learn how to have and keep a healthy mouth through the Childsmile Toothbrushing Programme.

As an extension of this from 20th February to 20th March 2017 your child's nursery will be participating in a local Oral Health promotion event called **Local Smile Month**.

During this event you will receive an information/activity sheet containing the three key oral health messages, some top tips and fun activities for you to share with your child. We would appreciate it if you would take a little time during this month to read the information and complete the suggested activities with your child.

You will also receive a toothbrushing diary to help support your child's twice daily toothbrushing activity at home for two weeks. Your child can colour in or place a sticker over the sun or moon each time they brush their teeth during the day or at bedtime

At the end of the four weeks all children will be a medal and certificate

We hope you have fun learning some new facts and consolidating those you are already familiar with.

We would appreciate your feedback on this event to help us plan for future Oral Health Promotion, so please do share your thoughts with the nursery staff.

Should you require further information about how to help care for your child's teeth please visit www.child-smile.org or speak to a member of the nursery team.

Yours faithfully,

Arlene Robertson – Health Improvement Practitioner

Debbie Wilson – Community Nursery Nurse