



Awareness Days – Ideas for Home Learning

Here is a collection of some days during this term that you might want to celebrate at home. Some days have links attached to online resources and for other days there are activity ideas and resources in the pack. This booklet will be posted on the school website to make accessing the links quicker and easier for you. Feel free to come up with your own ideas on any of the days that you choose to participate in. Some of the days are American based days but we thought that it could be fun to join in. You can do the activities on the actual day or on any day you like. Work together as a family or children can work alone on activities that they like. These may be useful to use on days that your teacher is working in the hub and not posting work online or during the In-service and holiday weekends in May when there will be no work set on Google Classrooms. **Plant seeds in the pack as soon as you can and care for them over the coming months.**

May is share a story month	1st May National Walking Month	3rd May International Dawn Chorus Day	4th May Sun Awareness Week Star Wars Day
5th May National Cartoonists Day	11th May Water Saving Week starts	12th May International Nurses' Day National Limerick Day	15th May Pizza Party Day
17th May National Children's Day	18th May National Smile Month starts	23rd May World Turtle Day Children's Gardening Week starts	24th May Scavenger Hunt Day
26th May Paper Aeroplane Day	29th May National Biscuit Day	1st June Garden Wildlife Week starts Say Something Nice Day	1st June Say Something Nice Day
5th June World Environment Day	8th June Children's Art Week World Oceans Week	21st June World Music Day International Day of Yoga	27th June Sunglasses Day

MAY IS SHARE A STORY MONTH

Keep a record of all of the stories that you share during the month.

- These can be books you read.
- Books that are read to you
- Online video books
- Audio books
- Stories that family members make up for you
- Stories that you make up yourself or retell from known stories.
- Video yourself telling a story or putting on a play to tell a story.

Links to lots of great book ideas are on the school website

1st May National Walking Month Starts

Why not set a target as a family. Pick a place or famous landmark that you would like to walk the same distance as.

e.g Walk to

- Silverburn and back.
- Glasgow Science Centre
- Paisley

Check out the distance on Google maps or the AA route planner to your place and that is your target – you can make the target as ambitious as you like. Then all you need to do is work out the distance that you walk around Barrhead on your daily walks and see how long it takes to reach your target. The NHS have an Active 10 app that you can download from the website to measure how far you walk. There is also lots of info on their site about the benefits of walking.

<https://www.nhs.uk/live-well/exercise/walking-for-health/>

3rd May International Dawn Chorus Day

You need to be up early to listen out for the birds in your area singing as the first dawn light of the morning appears. You can go outside and find a quiet spot to listen /record what you hear using your phone or can just open the windows and listen.

The RSPB website gives links to help you identify birds by their songs and explain how birds can make such a wonderful range of noises. <https://www.rspb.org.uk/birds-and-wildlife/bird-songs/>

Put out some bird seed in your garden and identify the birds that visit. **(Bird seed in your pack and a bird spotting sheet)**

Links to bird themed activities/ stories and and games <https://www.rspb.org.uk/fun-and-learning/for-kids/>

4th May - Sun Awareness Week – Additional ACTIVITY SHEETS IN YOUR PACK



In your pack you have some UV beads and string – put the beads onto the string and make a bracelet that will change colour when exposed to ultra violet rays in sunlight.

https://www.youtube.com/watch?v=hefhyXckVCQ&feature=emb_logo - Steve Spangler explains activities with beads for parents

http://www.sciencekidsathome.com/science_topics/sunlight_a.html - some more info to help you explain to your children.

Draw and colour a bright sun to put in your window for everyone to see. Wear yellow all day.

Design a poster encouraging people to put on sunscreen, wear a hat/sunglasses.

You could display this at home as a reminder or take a photo and post on Twitter #sunsafety@carlibar to let us share your message

4th May – Star Wars Day

Watch a film, cartoon or read a book or graphic novel.

Act out your favourite scene. **Make a timeline to show the sequence of the Star Wars films**

STAR Wars quiz in your pack – answers can be found here <http://allfreeprintable.com/cont/gms/pdf/strwrs2-triv.pdf>

Find things around your house and use them to dress up as your favourite character.

Write an introduction to a new Star Wars film. Create a new Star Wars character.

5th May - National Cartoonists Day

Learn to draw cartoon characters or create your own. Search online for cartoon tutorials for kids.

<https://www.makebeliefscomix.com/Comix/>

Look at this link for some famous cartoon characters – can you draw any of them?

<http://www.supercoloring.com/coloring-pages/cartoons>

Create a cartoon strip with famous characters or with your own.

Create an animation online

Choose your favourite book and draw the characters in cartoon format



11th May - Water Saving Week starts

Go round the house and identify all of the ways you use water in your house.

Try using Scottish Water's online calculator to work out how much water you actually use altogether

<https://www.scottishwater.co.uk/en/Your-Home/Water-Usage-Calculator-Page>



The Scottish Water website has a section especially for children to teach them about water and also has games to play. <https://www.scottishwater.co.uk/help-and-resources/education>

Turn on a tap in the house then turn it off but not fully, leave it to drip very, very slowly. Get a timer and see how much water is collected from the dripping tap in a glass or mug in one minute. If you had a dripping tap for one full day it would waste 1440 times that amount of water!!! Make a sign to put beside your taps to remind everyone to switch them off properly.

Make your own rain gauge and collect rainfall. Reuse rain to water plants. Join in with Sean Batty – STV Weather Mini Meteorologist Challenge for children.

Learn about the water cycle, freezing, evaporation and melting

12th May - International Nurses' Day -This takes place every year on the anniversary of Florence Nightingale's birth.

Learn about the different colours and types of uniforms nurses wear– compare to other countries in the world

Nurses wordsearch in your pack

Create a poster or banner thanking nurses for what they do for us.

If a family member is a nurse ask them if they are allowed to take a photo together with their nurse work colleagues and post on Twitter mention @CarlibarPS to allow everyone to say thank you.

Find out about some famous nurses from the past and create a TOP 5 facts poster about them, here are some links to get you started.

<https://www.activityvillage.co.uk/florence-nightingale>

<https://www.glasgowtimes.co.uk/news/18357267.facts-glasgow-fevers-nurse-world-war-one-hero-louisa-jordan/>

(newspaper link for older children)

Draw a portrait of Florence Nightingale or Louisa Jordan

12th May - National Limerick Day - ACTIVITY SHEET IN YOUR PACK

Limericks, like all types of poems have a set of rules that you need to follow. The rules for a limerick are fairly simple:

- They are five lines long.
- Lines 1, 2, and 5 rhyme with one another.
- Lines 3 and 4 rhyme with each other.
- They have a distinctive rhythm (Lines 1, 2 and 5 have the same rhythm as each other) – (lines 3 and 4 have matching rhythms)
- They are usually funny.

Limericks Take Practice

I know that writing limericks is going to seem hard at first because it's sometimes difficult to get the rhythm, the rhymes, and the joke to all work together. But don't worry; with a little practice, you'll soon be creating funny limericks of your own that will make your friends and family laugh. Have fun!

15th May - Pizza Party Day

<https://www.bbcgoodfood.com/recipes/collection/pizza>

Why not have a go at making your own pizza. Or have a shop bought Pizza for dinner.

Create your own Pizza – invent a name and the list of toppings that would be on it. How much would you sell it for?

17th May - National Children's Day - PLAY MATTERS

Take time to play today. Be creative and have fun when you play. Invent new games that you can play with your friends when you can meet up again.

Children become the adult in the house and make the decisions for the day! (within reason!)

18th May - National Smile Month starts

Learn about the importance of brushing your teeth properly.

Try this experiment to see what happens when acid attacks your teeth

<https://www.mouthhealthy.org/en/resources/lesson-plans/demonstrations/eggcelent>

Board Game – create a board game all about teeth, play your game with your family. A board track game template has been included in your pack.

23rd May - World Turtle Day

Use empty food and drink containers to make turtles – lots of ideas online to get you started
<http://krokotak.com/?s=turtle>

<https://www.natgeokids.com/uk/discover/animals/sea-life/turtle-facts/>

National Geographic for kids has some amazing facts about turtles



23rd May - Children's Gardening Week starts - compost and seeds in packs planted earlier

Get outside and identify some wild flowers, some people call them weeds, but weeds are just wild flowers in places you don't want them to grow.

[https://schoolgardening.rhs.org.uk/Resources/Spotter-Guide/flowering-weeds-spotter?returnUrl=%2Fresources%2Ffind-a-resource%3F%253Fso%3D0%26pi%3D0%26ps%3D10%26f%3D1,5:](https://schoolgardening.rhs.org.uk/Resources/Spotter-Guide/flowering-weeds-spotter?returnUrl=%2Fresources%2Ffind-a-resource%3F%253Fso%3D0%26pi%3D0%26ps%3D10%26f%3D1,5)

Flowers come in all shapes and sizes – learn more here about what we call the different shapes of flowers

[https://schoolgardening.rhs.org.uk/Resources/Spotter-Guide/Be-a-flower-spotter?returnUrl=%2Fresources%2Ffind-a-resource%3F%253Fso%3D0%26pi%3D0%26ps%3D10%26f%3D1,5:](https://schoolgardening.rhs.org.uk/Resources/Spotter-Guide/Be-a-flower-spotter?returnUrl=%2Fresources%2Ffind-a-resource%3F%253Fso%3D0%26pi%3D0%26ps%3D10%26f%3D1,5)

Try growing the top of a carrot <https://laughingkidslearn.com/how-to-grow-a-carrot-top/>

Look after the plants that you have grown from seed – they might be ready to go out in your garden now.

24th May - Scavenger Hunt Day

A scavenger hunt is just a list of things that you have to search for. You can make them as hard or as easy as you like to suit all ages. Have a go making up a hunt around your home/ garden for your child to do on their own. It can be the actual names of things they have to find or clues/sounds etc. There are so many sites online with examples you can use. All you need is something to write your list on and the person hunting can bring the actual item to you or tick it off on the list or write the answer.

Here is a sensory example

Search around the house and garden to find something that is

- Soft bumpy sticky rough smooth sharp hard slippery scratchy bouncy fluffy

26th May - Paper Aeroplane Day - *Additional ACTIVITY SHEET IN YOUR PACK* - O wing glider instructions
More info for parents about O wings http://www.abc.net.au/science/surfingscientist/pdf/lesson_plan06.pdf

Have fun today making aeroplanes, investigate different types of paper and card, use old bits of wallpaper, card from food packets etc. In your pack you have some paper and card/paperclips. Sometimes you need to think about the nose weight – use paper clips , bluetac or plasticine to add weight to the nose.

REMEMBER safety when you fly them – don't fly towards others. See which plane flies the furthest, straightest etc. This weblink gives step by step instructions to make lots of different types of planes. <https://www.origamiway.com/paper-airplane-designs.shtml>

29th May - National Biscuit Day

Enjoy your favourite biscuits in the house. Talk about what makes them so special. Read the ingredients. Find out about a famous Scottish Biscuit factory and its history - <http://www.tunnock.co.uk/about-us/>

Be a biscuit designer. Can you create a brand new biscuit. Give it a name, draw it or actually make it. Design a box or a wrapper for it to be sold in. Design an advert for the TV or radio to promote your biscuit and get people buying it. Film your advert on your phone.

<https://www.5minutefun.com/5-ways-to-decorate-biscuits/>
[Find out how biscuits are made in the factory](#)

1st June - Garden Wildlife Week starts – get outside – go on a bug hunt, watch out for butterflies, birds, bees, squirrels, hedgehogs. Put out food and water for birds. Learn about the names of the creatures that live around us and identify some of them. You don't need to print these – just open up the PDF on your phone or device to help you identify. There are also lots of nature ID apps available – just check that they are for UK wildlife.
<https://www.rspb.org.uk/fun-and-learning/for-teachers/lesson-plans-and-supporting-resources/spot-it>

1st June – Say Something Nice Day

Send the day thinking of nice things to say to the people in your family. Say it to them, call them or write them a message and let them know

5th June - World Environment Day

Make a pledge to do something good for the environment.

Save the planet video – for P4 to P7 <https://www.projectgivingkids.org/save-the-planet/>

8th June - Children's Art Week and World Oceans Week

In your pack – mindfulness colouring (ocean theme). Create your own mindfulness colouring sheet for someone else in your family to colour in, remember to add in lots of detail.

<https://www.dltk-kids.com/animals/m-plate-seahorse.htm> - link to a colour changing seahorse activity you can use crayons or pens –not just paints. Plates and fasteners in your pack. You can make any ocean creature using this technique.

<https://www.dltk-kids.com/animals/ocean-other.htm> Lots of ideas for simple ocean crafts (or create your own ocean creature from recycled cardboard and plastic)

Create a tweet that would encourage people to care for the oceans and not pollute them.

Use an empty box and create your own under the ocean scene (diorama) <https://www.3dgeography.co.uk/ocean-diorama>

21st June - World Music Day

The best way to Celebrate World Music Day is to spend the day listening to all your old favourites, sing along and even make your own music with improvised instruments. How many things in your house could be turned into an instrument. - <https://www.activityvillage.co.uk/musical-instruments>

Get outside and share some music or open your windows and share a song.

Create a family song , learn the lyrics and perform it.

International Day of Yoga

<https://www.youtube.com/watch?v=8rp5bpFIUpq> - why not join in with Cosmic Kids Yoga. Parent info video and links to all types of themed Yoga sessions for children.

27th June - Sunglasses Day

Wear your sunglasses all day today.



Design a brand new style of sunglasses, draw them and colour them in or make a pair with cardboard – use an empty cereal or food box. Post a photo of your creations on Twitter #sunnydays@carlibar

If you try any of the activities or do something else at home to celebrate these days please share them by messaging your teacher or sharing with the class on Google Classroom.

The adults in your house might want to share pictures of your work on Twitter include @CarlibarPS or @CarlibarCCC in your post so that we can see it. The work that you do and share with us will help give us evidence to keep up our Green Eco flag, School Garden Award, Rights Respecting Schools and International Schools Awards.

HAVE FUN AND STAY SAFE