

MENU CHOICES



4/10, 25/10, 15/11, 6/12, 27/12, 17/1, 7/2, 28/2, 21/3, 11/4, 2/5, 23/5, 13/6, 4/7, 25/7, 15/8, 5/9, 26/9

WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main 1	Breaded fish, chips, with garden peas (F) Fish, Gluten	Chicken curry with brown rice & sweetcorn (C) Celery, Mustard, Gluten	Chicken fajitas & caramelised onions (C) Gluten	Beef lasagne with crunchy salad (B) Gluten, Milk	Vegi meatballs in a tomato sauce with penne pasta & seasonal veg (V) Gluten, Soya, Celery, Sulphite
Main 2	Tomato & mozzarella pasta with garlic bread & roasted vegetables (V) Gluten, Milk, Soya	Cheese & tomato pizza with garlic bread & summer corn salad (V) Gluten, Milk, Sulphites, Soya	Vegetarian sausage roll with mashed potato & seasonal veg (V) Gluten, Soya, Sulphites	Quorn burger with warm bun, diced potatoes & sliced tomato (V) Gluten, Egg, Milk, Soya, Sesame	Quorn dippers with a warm wrap & crunchy salad (V) Gluten, Egg, Milk

WEEK 2

11/10, 1/11, 22/11, 13/12, 3/1, 24/1, 14/2, 7/3, 28/3, 18/4, 9/5, 30/5, 20/6, 11/7, 1/8, 22/8, 12/9, 3/10

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main 1	Tikka chicken with pitta bread shredded lettuce/carrots (C) Celery, Soya, Gluten	Macaroni cheese, diced potatoes & garden peas (V) Gluten, Milk	Tex Mex burger, sweet potato wedges with coleslaw (P) Egg, Dairy	Steak pie with baby boils & seasonal veg (B) Gluten, Celery	Fish goujons & spicy wedges with sweetcorn (F) Fish, Gluten
Main 2	Omelette, diced potatoes & seasonal vegetables (V) Egg, Milk	Quorn dippers served with a warm wrap & roasted veg (V) Gluten, Egg, Milk	Cheese & tomato pizza with garlic bread & sweetcorn (V) Gluten, Milk, Sulphites, Soya	Cheesy beans served with diced potatoes & crunchy salad (V) Gluten, Milk, Sesame	Quorn hot dog in a finger roll served with relish & cherry tomatoes (V) Egg, Gluten, Sesame

WEEK 3

18/10, 8/11, 29/11, 20/12, 10/1, 31/1, 21/2, 14/3, 4/4, 25/4, 16/5, 6/6, 27/6, 18/7, 8/8, 29/8, 19/9, 10/10

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main 1	Vegetarian sausages in onion gravy with mashed potatoes & seasonal veg (V) Gluten, Soya, Sulphite	Chicken pie with baby boils & seasonal vegetables (V) Milk, Egg, Gluten	Tandoori chicken served with a warm wrap & shredded lettuce & carrot (C) Celery, Gluten, Soya	Macaroni cheese with wedges & garden peas (V) Gluten, Milk	Quorn pasta bolognese with seasonal vegetables (V) Celery, Gluten, Egg
Main 2	Tomato & roasted vegetable pasta with garlic bread (V) Celery, Gluten (wheat), Soya, Milk	Cheese toastie served with diced potatoes & homemade coleslaw (V) Milk, Egg, Gluten	Cheese & tomato pizza, with garlic bread & mixed salad (V) Gluten, Milk, Soya	Chicken meatball marinara baguette with corn salad (C) Celery, Milk, Gluten, Sulphites, Sesame	Chicken burger in a warm bun with shredded lettuce (C) Gluten, Soya, Egg, Milk, Sesame

DAILY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Starter included with all meal choices	Melon slices	Golden lentil soup Celery	Vegetable soup Celery	Lentil & vegetable soup Celery	Spring vegetable soup Celery
Filled baked potatoes Filled sandwiches Gluten, Soya Baguettes Gluten, Sesame Served with salad		Cheese (V) Milk Tuna mayonnaise (F) Fish, Egg Egg mayonnaise (V) Egg Sliced chicken (C) Flaked salmon (F) Fish			
Dessert included with all meal choices	Chocolate brownie Gluten, Egg, Milk	Fresh fruit platter	Fresh fruit platter	Fresh fruit platter	Fresh fruit platter



ALL MEALS INCLUDE EACH OF THE FOLLOWING OPTIONS:

- STARTER AND DESSERT STARTER.
- DRINK OPTION INCLUDING: PLAIN MILK OR WATER.
- CRUDITIES PORTION = SLICED PEPPERS, BABY CORN, CUCUMBER, 1/2 CHERRY TOMATOES.

ALLERGIES:

- BEFORE YOU ORDER FOOD AND DRINK, PLEASE SPEAK TO A MEMBER OF THE CATERING TEAM IF YOU HAVE A FOOD ALLERGY OR INTOLERANCE.
- ALL ALLERGY INFO FOR EACH MEAL IS HIGHLIGHTED IN BLACK/BOLD.
- (V) - VEGETARIAN (C) - CHICKEN (B) - BEEF (F) - FISH (P) - POULTRY
- AFTER ANY HOLIDAY THE 1ST DAY BACK WILL ALWAYS BE THE MONDAY MENU AND THEN THE NORMAL DAYS WILL FOLLOW.
- ITEM IN BURGANY DENOTES THE PRE ORDER NAME FOR MEAL AND ACCOMPANYING ITEMS.

PLEASE ENSURE ANY CHILDREN AND YOUNG PEOPLE THAT NEED ASSISTANCE IN ORDERING MEALS ARE SUPPORTED.