

Contact: Head Teacher: Gillian McRobb
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Date: Thursday 21st March 2019



Dear Parent/Carer,

PRIMARY 6 & 7 HEALTH PROGRAMME

During next term, the Primary 6 and Primary 7 Health Programme will include Sexual Health, Relationship and Parenthood Education. These lessons will be delivered by your child's teacher in a sensitive manner which will help the pupils understand the facts about Sexual Health, Relationships and Parenthood.

On **Thursday 28th March from 3.15pm – 4.00pm**, our Primary 6 and 7 teachers will hold a short, informal drop in session that will give you the opportunity to see the information the children will be given and to look at the resources used. **Due to the nature of this information, can you please note that this drop in session is for parents and carers only.**

The lessons follow East Renfrewshire's Sexual Health, Relationships and Parenthood programme, which teaches children how relationships form and develop, the changing of their bodies, the feelings they may be experiencing through puberty and how conception takes place. In line with East Renfrewshire's Sexual Health guidelines the children in Primary 6 and 7 each receive a resource book titled the 'Wee Book of Life, Love and Living'. Included within the Primary 7 book is the terminology relating to different relationships in society i.e. gay, lesbian and bi-sexual. Whilst the children are not actually taught about these topics as discrete lessons, this terminology is used within the resource book that they are given in school. We have enclosed 'The Wee Book of Life, Love and Living' to share and discuss with your child at home. It will also support their learning in class.

The leaflet 'Learning About Relationships and Sexual Health in School and at Home' is available at www.healthscotland.com/publications. For further information to support your child at home please visit www.kidshealth.org and www.ltscotland.org.uk/healthykids.

Please complete the form attached and return to the class teacher to acknowledge receipt of this letter. To assist us in planning the session, please indicate whether you will be able to attend the drop in session on Thursday 28th March.

If you have any questions regarding the Parent Drop in Session or the Sexual Health and Relationship Programme please do not hesitate to contact me.

Yours sincerely

Gillian McRobb

Mrs. Gillian McRobb
Head Teacher



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PRIMARY 6 & 7 HEALTH PROGRAMME

Planned content for the upcoming sexual health and relationships lessons to be delivered next term.

Primary 6

- Lesson 1 Pre-school child development
- Lesson 2 Starting school/new relationships/experiences
- Lesson 3 Puberty/physical and emotional changes
- Lesson 4 Menstruation

Primary 7

- Lesson 5 Recap Lesson
- Lesson 6 Hygiene & Peer pressure
- Lesson 7 Human reproduction



PRIMARY 6 & 7 HEALTH PROGRAMME

Child's name _____

Class _____

I acknowledge receipt of the information letter.

I will / will not* be able to attend the drop in session on Thursday 28th March 2019.

Please note this session is for parents and carers only.

Parent's signature _____

Date _____

** Please delete as appropriate*



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