



To bring or not to bring...?

What we provide

- Wet suits
- Buoyancy aid
- Waterproof cagoules (for water activities)
- Technical equipment (eg. Climbing harnesses)

Check with your teacher

Most schools book bedding provided by the centre but from time to time some chose to bring sleeping bags. Check with your teacher if you need to bring a sleeping bag.

What you need to bring

- Waterproof Jacket *
- Waterproof Trousers *
- Walking boots or string shoes*
- Day sac*
- Old clothes to get wet/muddy (at least 2 sets)
- Sweaters/jumpers
- T-shirts
- Trousers(not jeans)
- Old trainers
- Spare socks and underwear
- Night clothes
- Wash kit + towel
- Swimwear
- Hat and gloves
- Midge repellent
- Clothes to wear in free time

What not to bring

- Expensive electrical equipment
- Lots of money
- Portable games systems
- Hair straighteners/dryers
- Expensive clothing
- Things you would be upset if they got lost or broken
- Lots and lots of sweets - we do feed you !

Hints and tips

Bring 1 black bin bag with your name marked on it for putting wet/dirty clothes in to take home.

*the centre has limited supplies for anyone who needs to borrow any of the items marked