





Busby Primary P.E Newsletter - March 2016

Super Hero Sports Day

On Thursday 17th March we are going to be presented with our GOLD award from Sports Scotland. This award is recognition of our schools achievements in putting quality physical education and school sport at the heart of a school's planning, practice and ethos.

On the day you need to come dressed as your favourite Sporting Hero or dressed to participate in your favourite sport. Will you come dressed as Andy Murray? Jessica Ennis-Hill? Usain Bolt? Sir Chris Hoy? Serena Williams? The only request is no specific football team strips but national teams are acceptable.

On this day we will also be revealing the winners from our Super Hero Mascot homework. The children have been voting for the best from each category from Fairness, Honesty, Respect, Responsibility and Courage. The winning entries are going to be made into large figures and displayed in the gym hall.

The Daily sMile! - The Road to Rio

The authority has recognised that in Busby we are one of the first schools in the authority to implement the Daily Mile. As a result the children are going to be filmed to show how it is managed and implemented in our school. Some of the children will be interviewed and hopefully talk about how much they enjoy taking part and how much healthier they are as a result. Go team Busby!

Swimming



The children in P.5-7 who are non-swimmers have been targeted for lessons and will be starting them next week. We look forward to hearing how they are progressing.

P.E Kit



In line with East Renfrewshire guidelines, P.E includes indoor and outdoor lessons. Pupils should come to school prepared for P.E lessons with appropriate clothing to meet requirements of the Scottish weather. Our P.E kit should be black shorts, leggings or jogging bottoms, and a plain white t shirt or polo shirt. Shoes should be trainers or sandshoes. Girls from P4.-7 who are wearing tights must remove them during gym times so will need to bring socks with them.

Extra-Curricular Activities

Running

12 children from our running club took part in the recent East Renfrewshire Cross Country event at Rouken Glen. They all showed great determination and as a team they had fantastic results. The girls' team finished 4th and the boys' team 7th out of all 22 primary schools. A huge thanks to Tina McLennan and Kate Borland our parent helpers who took them along to the event and the parents who came to cheer them on

Dance

Our P.6 and 7 pupils who attend Miss Darling and Miss Davidsons' contemporary dance club are taking part in the ERC Dance championships at Eastwood High on 22nd March. Good luck everyone!

<u>Netball</u>

Miss Harris is taking her netball team to the cluster netball tournament on Wednesday 23rd March at Williamwood. They will play teams from Netherlee and Carolside with the winners going on the East Renfrewshire final.