



PRIMARY SCHOOL



P1-P3 LUNCH MENU



All meals include each of the following options:

- Freshly made soup of the day or dessert
- Drink option including: Plain milk, water, Fruit juice
- Bread Basket
- Crunchy Veg Platter – with mixed peppers, baby corn & carrot batons

Allergies: - Before you order food and drink, please speak to a member of the catering team if you have a food allergy or intolerance.

Note: - After any holiday the 1st day back will always be the Monday menu and then the normal days will follow.

WEEK 1 17/04, 08/05, 29/05, 19/06, 14/08, 04/09 and 25/09/2017	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Fish Goujons and Chips with Garden Peas (F)	Chicken Korma with Wild Rice with Spiced Onions (C)	Macaroni Cheese with Garlic Bread with Cherry Tomatoes (V)	Steak Pie & New Potatoes & Fresh Cabbage (B)	BBQ Chicken Breast with Mediterranean Cous Cous (C)
OPTION 2	Tomato Pasta with Mozzarella Cheese with Sweetcorn (V)	Egg Noodles and Quorn Dippers with Sweet & Sour Sauce (V)	Chicken Bites with Herby Potatoes with Roasted Vegetables (C)	Cheese & Tomato Pizza with Crunchy Coleslaw (V)	Smoked Bratwurst in a Sub Roll with Sautéed Onions & Tomato Relish (P)
OPTION 3	Egg Sandwich with Sliced Cucumber (V)	British Ham Baguette with Sliced Tomato (P)	Tuna Mayo Toasty and Tossed Salad (F)	Quorn Bolognese served with Baked Potato Seasonal Vegetables (V)	Quorn Burger in a Warm Bun with Tomato Relish (V)
DESSERT	Fruit Platter and Soup of the day	Fruit Platter and Yoghurt	Fruit Platter and Soup of the day	Fruit Platter and Summer Fruit Slice	Fruit Platter and Soup of the day

WEEK 2 24/04, 15/05, 05/06, 26/06, 21/08, 11/09 and 02/10/2017	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Meatballs in a Tomato Sauce with Spaghetti Sweet Corn (C)	Savoury Minced Beef with Potatoes & Fresh Carrots (B)	Homemade Sausage Rolls with Mashed Potatoes & Garden Peas (P)	Red Tractor Roast Chicken Curry with Wild Rice Spiced Onions (C)	Scottish Salmon with Oriental Vegetables & Noodles (F)
OPTION 2	Cheese & Tomato Pizza with Shredded Lettuce Grated Carrot (V)	Tandoori Chicken Bites served in a Warm Wrap with Crunchy Salad (C)	Mexican Chicken with Roast Peppers in a Pitta Pocket (C)	Tomato & mozzarella Pasta with Roasted Vegetables (V)	Hot Quorn Dog in a Finger Roll with Crunchy Veg & Tomato Dip (V)
OPTION 3	Tuna Mayonnaise Baguette with Cucumber Batons (F)	Cheese Toasty with Crunchy Coleslaw (V)	Free Range Egg Mayonnaise Baguette with Salad (V)	Baked Potato with British Ham & Grated Cheese Crunchy Coleslaw (P)	British Beef Burger in a Burger Bun with Crunchy Veg & Tomato Dip (B)
DESSERT	Fruit Platter and Shortbread	Fruit Platter and Soup of the day	Fruit Platter and Yoghurt	Fruit Platter and Soup of the day	Fruit Platter and Lemon Drizzle Cake

WEEK 3 01/05, 22/05, 12/06, 28/08, 18/09 and 09/10/2017	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Tandoori Chicken with a Tortilla Wrap and Tossed Salad (C)	Red Tractor Creamy Chicken Pie served with New Potatoes Fresh Broccoli (C)	Steak Beef Sausages in Onion Gravy with Mashed Potatoes Fresh Carrots (B)	Macaroni Cheese with Herb Bread Sliced Tomato (V)	Red Tractor Roast Chicken Mild Curried Rice (C)
OPTION 2	Tuna Mayo Pasta Salad with Diced Cucumber Sweetcorn (F)	Fish Goujons Herby Potatoes served with Roasted Vegetables (F)	Cheese & Tomato Pizza served with Tossed Salad Crunchy Coleslaw (V)	Sweet Chilli Chicken Breast served in a Warm Bun with Mango Mayo (C)	Bratwurst Sausage in a Finger Roll with Tomato Relish (P)
OPTION 3	Cheese Toasty served with Crunchy Coleslaw (V)	Double Cheese Panini served with Shredded Lettuce (V)	Ham Sandwich served with Cherry Tomatoes (P)	Baked Potato served with Tuna Mayonnaise and Sliced Cucumber (F)	Quorn Burger in a Warm Bun served with Crunchy Veg & Tomato Dip (C)
DESSERT	Fruit Platter and Ice Cream	Fruit Platter and Othello Biscuit	Fruit Platter and Soup of the day	Fruit Platter or Cocoa & Beetroot Slice	Fruit Platter and Soup of the day