



# BHS

# Study

# Support

RESILIENCE  
EXCELLENCE  
SUPPORTIVE  
PARTICIPATION  
EQUITY  
CONFIDENCE  
TEAMWORK



#raisethebarr

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## General Study Advice

S4 learners need to balance the demands of homework and revision alongside extra-curricular and social activities. Learners know that Homework on its own is not enough to prepare them to sit their National 5 exams and achieve their potential – by S4 learners will be planning and managing routine additional independent revision. **All S4 Learners know how to revise and have been guided through a programme of study skills and resources that they can access and use to revise and prepare for assessments.**

As a general rule, S4 pupils should spend on average around 2 hours on school work (revision and homework) on most days of the week. (S3 Students should spend 1 hour on homework and revision on most days of the week, building towards two hours as S3 Exams approach.) Evenings where there is little or no hand-in homework to complete are an opportunity to consolidate class learning. This may increase during especially busy periods of assessment. However, the quality of revision is at least equally as important as the time spent.

The goal of any program of revision is to aid learning by allowing retention of skills and knowledge, but, importantly, also to support learners ability to retrieve knowledge and apply skills under exam conditions.

Some revision activities are more likely to help retention and could include: **reviewing/summarising notes and study materials in small chunks by creating study cards, making mind maps, using online resources such as #Achieve, BBC Bitesize and Magic School as well as making use of other materials available online such as Youtube videos.**

Others are more likely to support retrieval and application of skills and knowledge and could include; **summarising notes from memory, verbal recall of information, practice questions (e.g. homework & past papers), flash cards, online quizzes, other departmental/online resources.**

The study plan exemplar overleaf gives an indication of how this may be laid out.

## Study Plan Exemplar

	4PM - 5PM	5PM - 6PM	6PM - 7PM	7PM - 8PM	8PM - 9PM
Monday	School work		School work	School work	
Tuesday	School work			School work	
Wednesday	School work	School work			
Thursday		School work	School work	School work	Extra Curricular
Friday					
Saturday					
Sunday		School work		School work	

Weekly notes:

**Biology test, Maths hand in homework, English essay**

## Subject Specific Revision

The information below provides some revision advice and materials for each subject.

All classes have access to **Google Classroom**, which contain a bank of resources for every subject and can be accessed through any device using each pupil's Glow log-in details. Learners also have access to an extensive range of teaching videos through **West OS** and **Scholar** through Glow where they can revisit aspects of courses they want to revise or look at again.

As well as Google Classroom: all of our learners have access to a web based platform called '**Achieve**' which provides learners with revision materials, self-evaluation tools and access to specific SQA past papers and marking schemes. If learners have mislaid or forgotten their log-in details they should speak to their pastoral teacher or year head who will be able to re issue these.

Learners have also been provided with access to an AI tool called **Magic School** which learners can use in a variety of ways: as a personal tutor, as a research tool and as an adaptive assessment tool providing them with instant detailed feedback. AI is a useful additional resource that learners know how to use and can make positive use of when preparing for exams.



## Wellbeing

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The wellbeing of our young people is of primary importance. A regular and productive program of revision and the progress that it brings is a very useful tool in helping all pupils feel confident and fulfilled.

Below are tips to support wellbeing:

- **Attendance** – Attending school on a regular basis gives each young person the opportunity to develop academically and socially while being surrounded by the support network of the school.
- **Study Breaks** - The advice given to pupils in school is to make sure that they take regular breaks when revising. As well as supporting wellbeing, it is likely to lead to higher quality revision.
- **Organisation** – A significant proportion of the anxiety caused by school work is rooted in uncertainty. Being clear on what is required and when helps alleviate this burden.
- **Sleep** – S4 pupils should be seeking to sleep 8-10 hours per night. The impact of a lack of sleep is often noticeable in school and an appropriate sleep pattern contributes significantly to the health and development of our young people.
- **Disconnect** – The continual stream of notifications from social media and messaging platforms can have an overstimulating effect on young people. It is helpful to disconnect for a period of time each day.

### Resources to support wellbeing

[East Renfrewshire Healthier Minds](#)

[Education Scotland Parentzone](#)

[SAMH](#)

# N5 Maths:

In addition to the **N5 Maths Google Classroom**, which learners can access with their school Glow email and **Achieve**, which learners can access with their unique identity and password, we recommend making use of the following resources:

- [National5maths.co.uk](http://National5maths.co.uk)
- [Clelland Maths/Youtube](http://Clelland%20Maths/Youtube)
- [BBC Bitsize](http://BBC%20BitSize)
- [BBC Teach - YouTube](http://BBC%20Teach%20-%20YouTube)
- [Glow/Google Classroom](http://Glow/Google%20Classroom) \**all learners have personal log-in details*
- [Achieve](http://Achieve) \**all learners have unique log-in details*
- [West OS Senior Phase Online Lessons:](http://West%20OS%20Senior%20Phase%20Online%20Lessons) \**all learners have unique log-in details*
- [SQA Course information](http://SQA%20Course%20information) \**includes past papers and marking schemes*
- [AI Support: Magic School](http://AI%20Support%3A%20Magic%20School) \**ask AI anything and get bespoke and adaptive personal support/ learners should sign-in using their school Glow email address*

# N5 Applications of Maths:

In addition to the **N5 Applications of Maths Google Classroom**, which learners can access with their school Glow email and **Achieve**, which learners can access with their unique identity and password, we recommend making use of the following resources:

- [FreeNational5Applicationsofmaths.co.uk](http://FreeNational5Applicationsofmaths.co.uk)
- [BBC Bitsize](http://BBC Bitsize)
- [BBC Teach - YouTube](http://BBC Teach - YouTube)
- [Glow/Google Classroom](http://Glow/Google Classroom) \**all learners have personal log-in details*
- [Achieve](http://Achieve) \**all learners have unique log-in details*
- [West OS Senior Phase Online Lessons:](http://West OS Senior Phase Online Lessons) \**all learners have unique log-in details*
- [SQA Course information](http://SQA Course information) \**includes past papers and marking schemes*
- [AI Support: Magic School](http://AI Support: Magic School) \**ask AI anything and get personal support/ learners should sign-in using their school Glow email address*

# N5 English:

In addition to the **N5 English Google Classroom**, which learners can access with their school Glow email and **Achieve**, which learners can access with their unique identity and password, we recommend making use of the following resources:

➤ **RUAE Reading Practice:**

[www.theguardian.com/uk](http://www.theguardian.com/uk)  
[www.thetimes.com](http://www.thetimes.com)  
[www.independent.co.uk](http://www.independent.co.uk)  
[www.theatlantic.com/world/](http://www.theatlantic.com/world/)

➤ **Scottish Set Text:**

[The Learning Cauldron](#)  
[The Scottish Poetry Library](#)

➤ **Critical Essay:**

[www.litcharts.com](http://www.litcharts.com)  
[www.sparknotes.com](http://www.sparknotes.com)

➤ **Folio:**

[www.nutmegmagazine.co.uk](http://www.nutmegmagazine.co.uk)  
[The Short Story: theshortstory.co.uk](http://The Short Story: theshortstory.co.uk)

➤ **BBC Bitesize**

➤ **BBC Teach - YouTube**

➤ **Glow/Google Classroom** \**all learners have personal log-in details*

➤ **Achieve** \**all learners have unique log-in details*

➤ **West OS Senior Phase Online Lessons:** \**all learners have unique log-in details*

➤ **SQA Course information** \**includes past papers and marking schemes*

➤ **AI Support: Magic School** \**ask AI anything and get personal support/ learners should sign-in using their school Glow email address*

# N5 Biology:

In addition to the **N5 Biology Google Classroom**, which learners can access with their school Glow email and **Achieve**, which learners can access with their unique identity and password, we recommend making use of the following resources:

- [Youtube: Mr Mitchell](#)
- [The Biology Classroom](#)
- [BBC Bitesize](#)
- [BBC Teach - YouTube](#)
- [Glow/Google Classroom](#) \**all learners have personal log-in details*
- [Achieve](#) \**all learners have unique log-in details*
- [West OS Senior Phase Online Lessons:](#) \**all learners have unique log-in details*
- [SQA Course information](#) \**includes past papers and marking schemes*
- [AI Support: Magic School](#) \**ask AI anything and get personal support/ learners should sign-in using their school Glow email address*

# N5 Chemistry:

In addition to the **N5 Chemistry Google Classroom**, which learners can access with their school Glow email and **Achieve**, which learners can access with their unique identity and password, we recommend making use of the following resources:

- [JABChem Resources](#)
- [Ask Dr Murray](#)
- [Youtube: Mr Adams Chemistry](#)
- [BBC Bitesize](#)
- [BBC Teach - YouTube](#)
- [Glow/Google Classroom](#) \**all learners have personal log-in details*
- [Achieve](#) \**all learners have unique log-in details*
- [SQA Course information](#) \**includes past papers and marking schemes*
- [West OS Senior Phase Online Lessons:](#) \**all learners have unique log-in details*
- [AI Support: Magic School](#) \**ask AI anything and get personal support/ learners should sign-in using their school Glow email address*

# N5 Physics:

In addition to the **N5 Physics Google Classroom**, which learners can access with their school Glow email and **Achieve**, which learners can access with their unique identity and password, we recommend making use of the following resources:

- [Mrs Physics Resources](#)
- [The Physics Academy](#)
- [Mr Smith's Physics](#)
- [BBC Bitesize](#)
- [BBC Teach - YouTube](#)
- [Glow/Google Classroom](#) \**all learners have personal log-in details*
- [Achieve](#) \**all learners have unique log-in details*
- [West OS Senior Phase Online Lessons:](#) \**all learners have unique log-in details*
- [SQA Course information](#) \**includes past papers and marking schemes*
- [AI Support: Magic School](#) \**ask AI anything and get personal support/ learners should sign-in using their school Glow email address*

# N5 Geography:

In addition to the **N5 Geography Google Classroom**, which learners can access with their school Glow email and **Achieve**, which learners can access with their unique identity and password, we recommend making use of the following resources:

- [Chalktalks](#)
- [Time for Geography](#)
- [Geography Podcasts](#)
- [BBC Bitesize](#)
- [BBC Teach - YouTube](#)
- [Glow/Google Classroom](#) \**all learners have personal log-in details*
- [Scholar](#) \**learners should log-in using their glow log-in details*
- [Achieve](#) \**all learners have unique log-in details*
- [West OS Senior Phase Online Lessons:](#) \**all learners have unique log-in details*
- [SQA Course information](#) \**includes past papers and marking schemes*
- [AI Support: Magic School](#) \**ask AI anything and get personal support/learners should sign-in using their school Glow email address*

# N5 History:

In addition to the **N5 History Google Classroom**, which learners can access with their school Glow email and **Achieve**, which learners can access with their unique identity and password, we recommend making use of the following resources:

- [Mr Marr History - Youtube](#)
- [Clickview History Videos](#) \**learners should log-in using their glow log-in details*
- [BBC Bitesize](#)
- [BBC Teach - YouTube](#)
- [Glow/Google Classroom](#) \**all learners have personal log-in details*
- [Achieve](#) \**all learners have unique log-in details*
- [West OS Senior Phase Online Lessons:](#) \**all learners have unique log-in details*
- [SQA Course information](#) \**includes past papers and marking schemes*
- [AI Support: Magic School](#) \**ask AI anything and get personal support/ learners should sign-in using their school Glow email address*

# N5 Modern Studies:

In addition to the **N5 Modern Studies Google Classroom**, which learners can access with their school Glow email and **Achieve**, which learners can access with their unique identity and password, we recommend making use of the following resources:

- [Clickview Modern Studies Videos](#) \**learners should log-in using their glow log-in details*
- [BBC Bitesize](#)
- [BBC Teach - YouTube](#)
- [Glow/Google Classroom](#) \**all learners have personal log-in details*
- [Achieve](#) \**all learners have unique log-in details*
- [West OS Senior Phase Online Lessons:](#) \**all learners have unique log-in details*
- [SQA Course information](#) \**includes past papers and marking schemes*
- [AI Support: Magic School](#) \**ask AI anything and get personal support/ learners should sign-in using their school Glow email address*

# N5 Art & Design:

In addition to the **N5 Art & Design Google Classroom**, which learners can access with their school Glow email and **Achieve**, which learners can access with their unique identity and password, we recommend making use of the following resources:

- [\*\*BBC Bitesize\*\*](#)
- [\*\*BBC Teach - YouTube\*\*](#)
- [\*\*Glow/Google Classroom\*\*](#) \**all learners have personal log-in details*
- [\*\*Achieve\*\*](#) \**all learners have unique log-in details*
- [\*\*West OS Senior Phase Online Lessons:\*\*](#) \**all learners have unique log-in details*
- [\*\*SQA Course information\*\*](#) \**includes past papers and marking schemes*
- [\*\*AI Support: Magic School\*\*](#) \**ask AI anything and get personal support/ learners should sign-in using their school Glow email address*

# N5 Drama:

In addition to the **N5 Drama Google Classroom**, which learners can access with their school Glow email and **Achieve**, which learners can access with their unique identity and password, we recommend making use of the following resources:

- [\*\*BBC Bitesize\*\*](#)
- [\*\*BBC Teach - YouTube\*\*](#)
- [\*\*Glow/Google Classroom\*\*](#) \**all learners have personal log-in details*
- [\*\*Achieve\*\*](#) \**all learners have unique log-in details*
- [\*\*West OS Senior Phase Online Lessons:\*\*](#) \**all learners have unique log-in details*
- [\*\*SQA Course information\*\*](#) \**includes past papers and marking schemes*
- [\*\*AI Support: Magic School\*\*](#) \**ask AI anything and get personal support/ learners should sign-in using their school Glow email address*

# N5 Music:

In addition to the **N5 Music Google Classroom**, which learners can access with their school Glow email and **Achieve**, which learners can access with their unique identity and password, we recommend making use of the following resources:

- [My Music Online](#)
- [Word Wall](#)
- [BBC Bitesize](#)
- [BBC Bitesize/ Music Literacy](#)
- [BBC Teach - YouTube](#)
- [Glow/Google Classroom](#) \**all learners have personal log-in details*
- [Achieve](#) \**all learners have unique log-in details*
- [West OS Senior Phase Online Lessons:](#) \**all learners have unique log-in details*
- [SQA Course information](#) \**includes past papers and marking schemes*
- [AI Support: Magic School](#) \**ask AI anything and get personal support/ learners should sign-in using their school Glow email address*

# N5 Dance:

In addition to the **N5 Dance Google Classroom**, which learners can access with their school Glow email and **Achieve**, which learners can access with their unique identity and password, we recommend making use of the following resources:

- [BBC Bitesize](#)
- [BBC Teach - YouTube](#)
- [Glow/Google Classroom](#) \**all learners have personal log-in details*
- [Achieve](#) \**all learners have unique log-in details*
- [West OS Senior Phase Online Lessons:](#) \**all learners have unique log-in details*
- [SQA Course information](#) \**includes past papers and marking schemes*
- [AI Support: Magic School](#) \**ask AI anything and get personal support/ learners should sign-in using their school Glow email address*

# N5 PE:

In addition to the **N5 PE Google Classroom**, which learners can access with their school Glow email and **Achieve**, which learners can access with their unique identity and password, we recommend making use of the following resources:

- [\*\*BBC Bitesize\*\*](#)
- [\*\*BBC Teach - YouTube\*\*](#)
- [\*\*Glow/Google Classroom\*\*](#) \**all learners have personal log-in details*
- [\*\*Achieve\*\*](#) \**all learners have unique log-in details*
- [\*\*West OS Senior Phase Online Lessons:\*\*](#) \**all learners have unique log-in details*
- [\*\*SQA Course information\*\*](#) \**includes past papers and marking schemes*
- [\*\*AI Support: Magic School\*\*](#) \**ask AI anything and get personal support/ learners should sign-in using their school Glow email address*

# N5 Admin & IT:

In addition to the **N5 Admin & IT Google Classroom**, which learners can access with their school Glow email and **Achieve**, which learners can access with their unique identity and password, we recommend making use of the following resources:

- [\*\*BBC School Admin Website\*\*](#) \**learners log-in using Glow email and password*
- [\*\*BBC Bitesize\*\*](#)
- [\*\*BBC Teach - YouTube\*\*](#)
- [\*\*Glow/Google Classroom\*\*](#) \**all learners have personal log-in details*
- [\*\*Achieve\*\*](#) \**all learners have unique log-in details*
- [\*\*West OS Senior Phase Online Lessons:\*\*](#) \**all learners have unique log-in details*
- [\*\*SQA Course information\*\*](#) \**includes past papers and marking schemes*
- [\*\*AI Support: Magic School\*\*](#) \**ask AI anything and get personal support/ learners should sign-in using their school Glow email address*

# N5 Business Management:

In addition to the **N5 Business Management Google Classroom**, which learners can access with their school Glow email and **Achieve**, which learners can access with their unique identity and password, we recommend making use of the following resources:

- [\*\*Scholar\*\*](#) \**learners log-in via Glow*
- [\*\*BBC Bitesize\*\*](#)
- [\*\*BBC Teach - YouTube\*\*](#)
- [\*\*Glow/Google Classroom\*\*](#) \**all learners have personal log-in details*
- [\*\*Achieve\*\*](#) \**all learners have unique log-in details*
- [\*\*West OS Senior Phase Online Lessons:\*\*](#) \**all learners have unique log-in details*
- [\*\*SQA Course information\*\*](#) \**includes past papers and marking schemes*
- [\*\*AI Support: Magic School\*\*](#) \**ask AI anything and get personal support/ learners should sign-in using their school Glow email address*

# N5 Computing:

In addition to the **N5 Computing Google Classroom**, which learners can access with their school Glow email and **Achieve**, which learners can access with their unique identity and password, we recommend making use of the following resources:

- [\*\*Computing Science\*\*](#)
- [\*\*National 5 Computing Revision Site\*\*](#)
- [\*\*Scholar\*\*](#) \**Learners log in via Glow*
- **SQL:**  
[SQL Introduction](#)  
[SQL Tutorial 1](#)  
[SQL Tutorial 2](#)
- [\*\*Brainscape Flash Cards\*\*](#)
- [\*\*BBC Bitesize\*\*](#)
- [\*\*BBC Teach - YouTube\*\*](#)
- [\*\*Glow/Google Classroom\*\*](#) \**all learners have personal log-in details*
- [\*\*Achieve\*\*](#) \**all learners have unique log-in details*
- [\*\*West OS Senior Phase Online Lessons:\*\*](#) \**all learners have unique log-in details*
- [\*\*SQA Course information\*\*](#) \**includes past papers and marking schemes*
- [\*\*AI Support: Magic School\*\*](#) \**ask AI anything and get personal support/ learners should sign-in using their school Glow email address*