FEBRUARY 24 BHS HEBRUARY 24 BH

ISSUE #4



VALENTINES DAY Respect at the heart of our community

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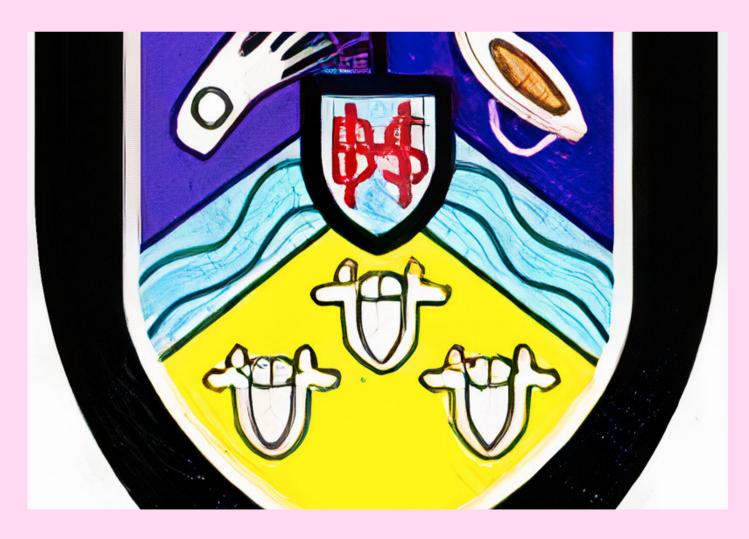
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LOCAL NEWS

"I had a stroke at work, but my colleagues saved my life!"

Caroline Swan is a woman from Thornlibank, Glasgow, who works as a nurse at Queen Elizabeth University Hospital.

On January 26th, Caroline had a day off work, when she began to display concerning symptoms. One of her friends who works at the hospital as a health care support worker, based in a stroke rehabilitation ward, saw her at A&E, sitting in a chair, staring blankly at the wall. When she asked if Caroline was okay, and she couldn't reply, that was when she 'knew what to do'.

"I called ahead to make sure the emergency stroke team was ready, and then I got Caroline onto a trolley and ran,". This is how Sharon Woods described her day. Her quick timing meant that Caroline received the required interventions within 45 minutes.





Within 2 hours, Caroline's speech was beginning to return, and just days later, she was feeling a lot better. Now Caroline is back home with her partner Alan, and is hoping to return to work. Caroline has talked about her experience saying, "I vaguely remember being put onto a trolley, going through corridors, and then going for a scan. I remember then thinking something was really wrong,". She also said, "It honestly feels the stars were aligned that day".

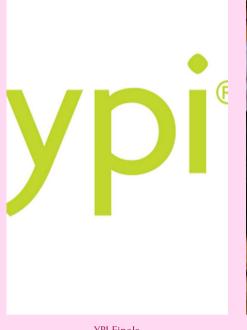
When writing this piece, it makes me think about how few people know about the symptoms of a stroke, and I only knew about a few before writing this piece, so here is some an important acronym to remember from NHS Scotland: Face weakness: Can the person smile? Arm weakness: Can the person raise both arms? Speech problems: Can the person speak clearly, can you understand them? Time to call 999: If someone is displaying these symptoms, get them the help they need immediately.

UPCOMING EVENTS



Art Showcase

On the 27th, we can look forward to seeing our Higher students displaying all of their hard work, at our showcase. It is going to be hosted in the Dance Studio, and at time of writing, hasn't happened just yet. The display will include some completed and uncompleted folio pieces, ranging from many different themes and subject matters!



YPI Finals

YPI Finals are still underway and ready to go, with a new date confirmed on the 27th of March. Its great to see all of the groups putting the work in for their charities and trying to win. There's a possibility of students being able to come and watch the showcases but that is, as of yet, unconfirmed. We are also hoping to see some of the charity representatives out on the day, supporting their groups, and vice versa!



SQA Exams

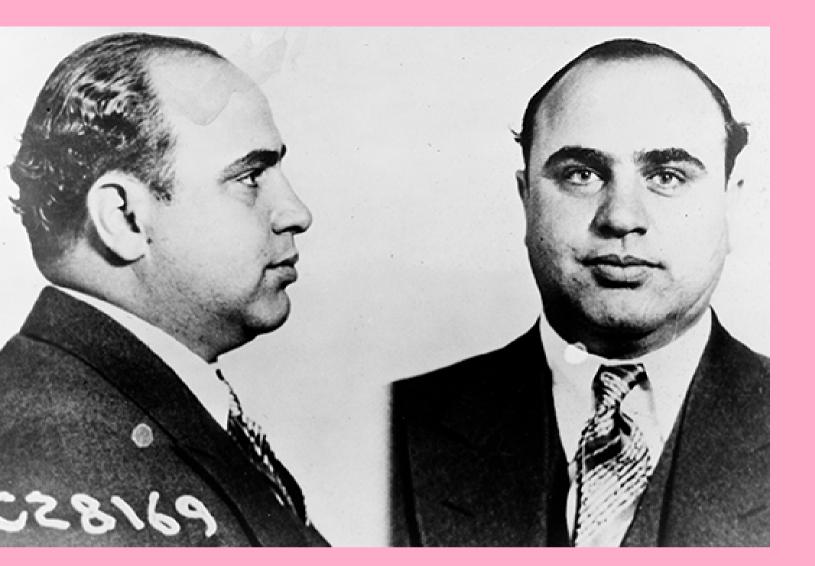
March and onwards is when most exams begin, starting with practicals. Senior pupils are also going to be going for their study leave after the Easter holidays. Lots of luck to everyone working towards qualifications right now, and we hope that everyone is prepared for them! Easter school is also available, as well as after school supported study for most subjects.

ST VALENTINES MASSACRE

In the 1920s, Chicago was known for its high crime rates and powerful gangsters, most notorious of which being Al Capone. He was the leader of a group named "The Chicago Outfit", a prominent gang in the 1920's known for its rivalry against "The Irish Mob". The chief of the Irish mob, George Moran, was considered Al Capone's greatest enemy at the time, their rivalry caused gang wars throughout Chicago and greatly increased gang violence in the area.

On the 14th of February 1929, 7 associates of George Moran were massacred in a blaze of 70 rounds of ammunition. The 7 members of the gang were lined up facing a wall of a garage on 2122 North Clark Street which was where George Moran ran most of his illegal operations. When the police eventually got to the scene only one gangster was still alive. His name was Frank Gusenburg, the police pressed him to give up any information on what happened, but he refused and died shortly later from his injuries.





The police were unable to find many sufficient eye witnesses, but they found accounts that the perpetrators dressed up as police officers and pretended to arrest the men before shooting them. Due to Al Capone's history with the Irish mob it didn't take long for him and his gang to be blamed for these murders, but without any evidence and no trial taking place, the St. Valentine's Massacre is to this day one of the greatest unsolved mysteries.

The massacre caused Al Capone's gang to rule the streets of Chicago with little to no opposition, but this wasn't as calm as it may seem, because at this point, Al Capone was the country's most notorious gangster, and was also now public enemy number one. Shortly after the massacre, he had many altercations with the police. He was arrested multiple times, but the longest he spent in prison was 8 years, which he spent in Atlanta, but was later transferred to Alcatraz. Al Capone ultimately died at 48 in 1947.

SHOULD PHONES BE BANNED IN SCHOOLS?

As England moves closer to passing legislation to ban phones in their schools, there are growing concerns about how this might move into Scotland. It is of my opinion that this is a bad idea for two main reasons:

First of all, while I can appreciate that kids nowadays are far too addicted to their phones, myself included, it is a valuable tool for both entertainment during breaktimes, and education during class. Hardly a day passes at our school when a teacher doesn't put a quiz on the board, or a form to fill out. While these are all possible activities on our Chromebooks, other schools may not have that privilege, and then quality of education will instantly be diminished.

As well as this, situations may arise where parents may need to contact their children, and vice-versa. English schools are currently encouraging guardians to call the school office if communication is necessary, but surely that's too much of a hassle day-to-day? Realistically, there's no reason an office employee should have to go out of their way to tell a student that they should pick something up from the shops on the way home. Or on the other end of the scale, students shouldn't have to find out urgent, upsetting information from someone other than their parents. I understand these examples are extreme, but a point has to be made somehow.

Nonetheless, I understand why phones can be damaging in class when they're not supposed to be used, but governments and schools should be focusing more on removing phones during class, rather than taking them away from the school altogether. For example, there could be a space where everyone puts their phones at the start of a lesson, and takes them at the end, if phone use becomes a larger issue. But at the end of the day, the UK is forced to do what they think is best for everyone, and if this is their solution, then so be it.



TEACHER FEATURE



TEACHER FEATURE: MISS ASIF

Exclusive interview with our longest-standing Biology teacher!

If you weren't a teacher, what would you do instead, and why?

"Be a marine biologist. I love the sea and ocean and would really enjoy seeing, discovering and being able to protect marine life."

What's your favourite memory that you have?

"Seeing wild lemurs in Madagascar. It was a very special holiday and we were so lucky to see some rarely spotted ones."

What are some hobbies you enjoy outside of school?

"I enjoy going to the gym, hill walking, playing badminton, aerial acrobatics - because I like being active and it's good for my body and mind. Live music events - any opportunity for a dance."

What's the best type of food, in your opinion (Chinese, Italian,

etc)? "Iapanese"

What is an unexpected fact about you? "I've been on TV. The BBC

came to film an ad at my home when I was at school."

What's your favourite year

group to teach?

"Higher Biology" What advice would you give people who want to study Biology?

"Biology requires numeracy and problem solving skills, be prepared and willing to work on these."

What job did you want as a kid? "Marine Biologist"

What's your favourite book? "Sapiens by Yuval Noah Harari" Who was your celebrity crush when you were younger? "Freddie Prince Junior, Angel + Spike from Buffy the Vampire Slayer"

MR ASIF'S PLAYLIST

Mr Asif's Top 5 songs:

1) buzzin by Dua Saleh

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2) Baddadan by Chase & Status

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3) Jungle by Fred Again

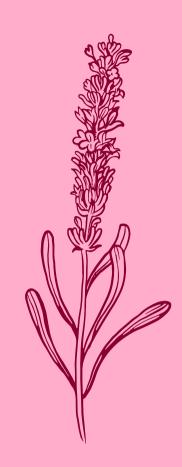
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4) Last last by Burna Boy

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5) 5 Thousand Singles by Saint Jhn

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What's your favourite thing about Barrhead HS? "I'm very proud of the positive pupil teacher relationships within the school."

What's your all-time favourite movie?

"Probably Hacksaw Ridge, Triangle of Sadness & Cloudy with a Chance of Meatballs."

What's your most embarrassing moment from school/uni?

"Playing a talking rat during the school production of The Pied Piper."

Is there anyone you would like to shout out, or anything you want to say?

"A big shout out to the Advanced Higher Biology class - please sort your projects out."

BY MOLLY DOCHERTY



VALENTINE MOVIES-BARRHEAD CINEMA

1) 10 Things I Hate About You-12

Available to watch on Disney+

Aggressive teen Kat Stratford and her lovable sister Bianca are banned from dating, but after the rule us tweaked, strings are pulled to set Bianca up.

2) 13 Going on 30-12

Available to watch on Netflix and Amazon When heartbroken 13 year old Jenna Rink wakes up 17 years later as a magazine editor, she seeks out her only childhood friend to help her remember what happened.

3) Notting Hill- 15

Available to watch on Amazon

William is a lonely store owner who's life is thrown in disarray when famous actress Anna enters his shop, and an affair ensues **4) 27 Dresses- 12**

Available to watch on Disney+

Jane has forever been a bridesmaid for all of her friends, and when the love of her life is snatched by her younger sister, she turns to the reporter that's interested in her story.

5) Miss Congeniality-12

Available to watch on Netflix

FBI agent Gracie Hart is forced to become a girls-girl when a terrorist threatens to bomb the Miss USA beauty pageant.

6) How To Lose A Guy In 10 Days-12

Available to watch on Paramount+ and Amazon When Andie and Ben have conflicting plans on dating for 10 days, both of their plans backfire dramatically.

7) Wild Child-12

Available to watch on Netflix

After a thoughtless prank, 16-year-old Poppy is shipped off to an English boarding school to fix her behaviour, she makes some unusual friends.

LFW-STREET STYLE

For me at least, this particular style is synonymous with ridiculous pieces that could only be seen on the streets of a major city during fashion month. Seemingly, its only at this time that you can see the most creative pieces trotting down Piccadilly Circus, and I'm here for it. Here are some wonderful looks captured by British Vogue during London Fashion Week!



This incredible dress was seen being sported during the shows in February. The bow detail becomes the main feature in the skirt, and the jacket goes perfectly with the ensemble, its definitely over the top, but this person pulls it off!



This outfit is more casual compared to the others, but still glamorous. The casual trousers pair wonderfully with the grey sequined halter top. Its overall really lovely, and could definitely be worn on a night out or at a New Years party.



This is overall a great example of double denim, which is often tacky and bad looking, but is somehow pulled off here. The jacket and jeans are layered with a tartan blazer, and stunning beige trench.



The little black dress has been a staple in fashion since the 60s and is seen magnificently here. Paired with a grey jumper over the shoulders, I could definitely see this being worn casually on any other day!



This elegant suit demonstrates excellent colour palette. The cream detail on the collar of the blazer goes surprising well with the navy, and white linen trousers make the outfit seem more laid back and wearable.



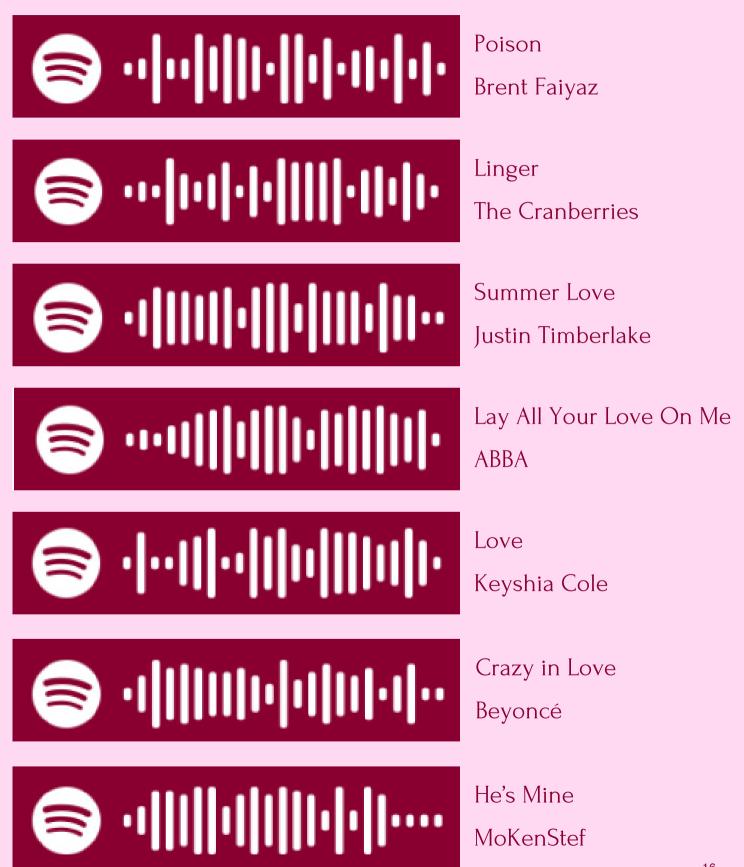
VALENTINES-RED VELVET CAKE RECIPE

INGREDIENTS:

- 300ml vegetable oil, plus extra for the tins
- 500g plain flour
- 2 tbsp cocoa powder
- 4 tsp baking powder
- 2 tsp baking powder
- 560g light brown sugar
- 1 tsp fine salt

- 400ml buttermilk
- 4 tsp vanilla extract
- 30ml red food colouring gel
- 4 large eggs
- 250g salted butter, softened
- 750g icing sugar
- 350g tub full-fat soft cheese
- 1 tsp vanilla extract
- 1. Heat the oven to 180C/160C fan/gas 4. Line the base and sides of two 20cm cake tins with baking parchment.
- 2.Put half each of the flour, cocoa powder, baking powder, bicarb, sugar, and salt in a bowl and mix well.
- 3. Pour the cake mixture evenly into the two tins, and bake for 25-30 mins, or until risen and a skewer inserted into the centre comes out clean. Cool in the tins for 10 mins, then turn out onto a wire rack, peel off the baking parchment, and leave to cool.
- 4. Repeat steps 2 and 3 with the remaining ingredients, so you have four sponge cakes in total.
- 5. To make the icing, put the butter in a large bowl and sieve in half the icing sugar. Roughly mash together with a spatula, then whizz with a hand mixer until smooth. Add the soft cheese and vanilla, sieve in the remaining icing sugar, mash together again, then blend once more with the hand mixer.
- 6. To assemble the cake, stick one of the sponges to a cake stand or board with a little of the soft cheese icing. Use half the icing to stack the remaining cakes on top, spreading a generous amount between each layer. Pile the remaining icing on top of the assembled cake and use a palette knife to ease it over the edges, covering the entire surface of the cake. Tidy the plate with a piece of kitchen paper. Store leftovers in the fridge for up to 2 days but bring back to room temperature for an hour or so before eating.

VALENTINES PLAYLIST



ACHIEVEMENTS



Take a look at the past few month's achievements from all around the school. Well done everyone!



Digital Leaders

Well done to the Digital Leaders supporting S1s in ensuring they are on the school WiFi and on their Google Classrooms!

Inspection Report

Well done to everyone this year for our wonderful inspection report! Everybody should be really proud of themselves for the work you displayed throughout the year



ACHIEVEMENTS

GNSL Rugby

Great to see everyone the representing at rugby for the GNSL round 4 fixtures. Player of the tournament: William S2 for

some excellent tackles



Home Economics

Fantastic work from our S1 boys group. Making pizzas in Home Ec with Mr Beaton. Great effort from everybody!





Cross Country

What a great effort from all at the Active School ER Cross Country event. Great to see everyone participating!

Music Open Well done to everyone participating in the Music Open, helping with their confidence for the SQA Practical exams in March.



Read again! BHS NEWSPAPER

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VALENTINES DAY Respect is at the heart of our community



GIVE US FEEDBACK

Your feedback helps us improve Tell us what you liked And what you didn't.