



East Renfrewshire Citizens

Advice Bureau Weekly Update

30/09/2022

Case Study – ASAP

Client is a veteran who suffers poor mental health amongst other conditions. He had received his PIP review form and was extremely nervous and agitated about completing it. His previous experiences of this process had led to his payment being stopped and an Appeal process ensued. He approached our Armed Services Advice Project (ASAP) at ERCAB for help.

We assisted our client in full completion of his PIP review form & suggested targeted evidence in support of this. We were then able to submit this on clients' behalf.

Our client recently got back in touch with the news of a positive outcome; their award was increased. He received a lump sum back payment of **£2157** and an on-going award made until 2025.

This means a total financial gain to the client of **£24,476** over this period. This increased award also meant eligibility to the Motability scheme, where our client could also access a new vehicle and a Blue Badge.

Both the client and adviser were delighted with this.

The Citizens Advice ASAP team provides support to veterans and their families in many ways, such as; benefits advice, mental health support, housing advice.

They also work with outside organisations like Combat Stress and Poppy Scotland to ensure a full support system is in place when help is most needed.

East Renfrewshire residents can get in contact with Rosie via our office to discuss support available. For more information go to www.asapadvice.org.uk.

Our Advice Adds Up Campaign –

Keeping on top of your money is key for wellbeing – especially in stressful times like the present. You can access free and reliable advice online by going to: www.cas.org.uk/our-advice-adds-up.

A lot of people are worried about their finances just now. Check if you are eligible for any benefit, grants or find out ways to maximise your income - speak to our team today by calling 0141 881 2032, popping in to arrange an appointment or emailing us.

#ouradviceaddsup

NHSGGC –

NHS Greater Glasgow and Clyde have issued advice to all students to ensure everyone gets the right access to healthcare during their studies.

'The Student Health Checklist' provides students with useful hints and tips on key services within NHSGGC and how to use them most effectively.

Full information and advice can be found by visiting:
www.nhsggc.scot/information-for-students/

Scotland's Climate Week 2022 –

Climate Week 2022 will run from 26 September to 2 October and Net Zero are asking everyone to get involved to help make climate change top of your conversation list.

Scotland's Climate Week is the perfect time to take action.

Net Zero Scotland has released facts via their social media accounts in order to start a conversation:

- In the UK, over 6.6 million tonnes of household waste is thrown out each year.
- By 2030, Scotland aims to reduce greenhouse gas emissions from buildings by 68%.
- Climate change and nature loss are huge global threats – Scotland has lost nearly 25% of our wildlife.
- Over 1 million UK homes are generating electricity from either solar or wind.

To find out how you can help Scotland reach the goal of zero net emissions by 2045 or for more information on the work Net Zero are doing, go to: www.netzeronation.scot

Clients can also get in contact with the bureau via:

Email - ere-bureau@eastrenfrewshirecab.casonline.org.uk

You can also keep up to date with recent news from ERCAB via our social media platforms. Please feel free to distribute the contact details for our advisers provided on our Facebook page.

Facebook – **East Renfrewshire CAB** & Twitter **@EastAdvice**