



BARRHEAD HIGH SCHOOL

WEEKLY NEWSLETTER

Tuesday 18th October 2020



Announcements

- Last week, the National 5 Mental Health Awareness class were working to raise the profile of Mental Health within our school. They have been tweeting suggestions for changing our approach to this, such as 'Ask Twice' and 'Be Kind'; they created a display board with Self-Care ideas from staff which you can see at the front doors; and they created a whole school lesson to educate others, with lots of brilliant engagement from classes. Miss Oman's class designed these fab posters! In Pastoral, pupils have also been learning about the importance of Mental Health, covering topics like Routine, Sleep and Self-Care. Pupils were invited to make a 'pledge' on our virtual Pledge Wall to do one thing to look after themselves and improve their mental wellbeing. Some great ideas here, and love the commitment!
- A reminder that all PE classes will continue to be outside. Please pack jackets and warm clothes as the weather turns colder. Pupil voice has informed us that our young people would like hoodies for PE. We have designed a Barrhead PE hoodie and they are now available to buy online (<https://www.schoolwearnadeeasy.com/barrhead-high-hooded-sweatshirt-purple>). Please note that this is **not** a requirement for PE, hoodies are optional.
- We are hoping to start up some clubs for S2-6 over the next few weeks. Clubs must be in year groups so this may mean that there is less variety for individual year groups, however we are working to give you the best experiences possible at this time. More information regarding this over the next few weeks.
- The S4 PD class have volunteered to clean up the weeds at the back of the school. It's a massive job but they've made a great start and were all surprised by how this act of kindness benefitted their mental health. (Pics on next page)

Achievements

- Congratulations to Becca (S4) who was received player of the year at a recent netball awards ceremony. Becca currently plays with the u15 Sycamores netball team.
- A huge well done to Erin (S4) who recently won a Scotland wide SATH Lockdown Essay Competition. The judging panel was impressed with the way in which her essay dealt with the current issues (of lockdown) and how she utilised historical skills to record her thoughts for future historians.
- Last week some S4 classes were treated to a few Makaton performances by Grace (S4). Such a poised performer, well done Grace!



Right of the week: 19

You have the right to legal help and fair treatment in the justice system that respects your rights



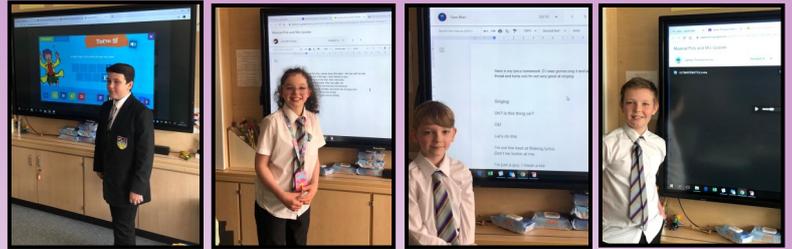
Barrhead High School
at the  of our community



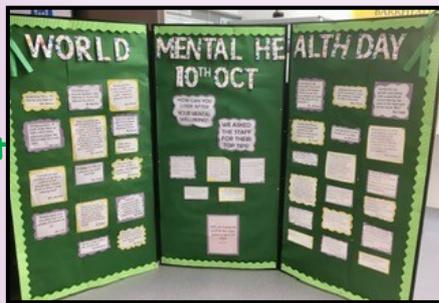
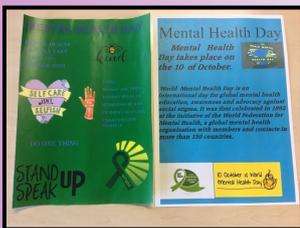
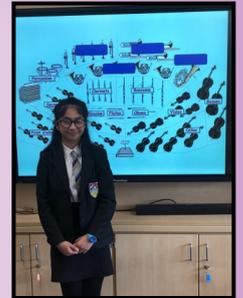
★ Celebrating pupil work ★

Music

Mental health awareness week



S1 pupils presenting their HW task on concepts and instruments of the orchestra (above). Mylee telling the class all about how to play the Cornet (right).



S2 Geography

S4 PD



Links

Twitter links: <https://blogs.glowscotland.org.uk/er/public/Barrhead/uploads/sites/71/2020/05/01155958/Twitter-list-2019.20.pdf>

Digital help page: <https://blogs.glowscotland.org.uk/er/Barrhead/parents/internet-safety/>

School website: <https://blogs.glowscotland.org.uk/er/Barrhead/>

Fun fact: The heart of a shrimp is located in it's head.

Positive Quote: "Never stop learning because life never stops teaching."

This week's puzzle: Countdown conundrum
PETERDAD

Responsibility
Excellence
Success
Perseverance
Equality
Confidence
Teamwork



Barrhead High School
at the heart of our community



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