

Date; Time & Venue	Details	Target Group
Date: Tue 3 rd Oct 2017 Time: 7 – 8pm Venue: Big Steps	Study Skills Digital Literacy	Parents/Carers with Children in S3-4 This will be a practical session where staff will demonstrate activities and Apps parents can use to help their child consolidate their learning.
Date: Thurs 5 th Oct 2017 Time: 6 – 7pm Venue: Room 14	‘How to Talk to Your Teenager’	All Parents This 60-minute workshop will cover a variety of topics relating to adolescent development. The workshop will look at: adolescent moods and brain development; coping with changes; things to watch out for /things to avoid; how improve your communication; how to set appropriate boundaries.
Date: Thurs 12 th Oct 2017 Time: 6.30 – 7.30pm Venue: Big Steps	S1 parent Workshop	S1 Parents/Carers Faculty Heads from English, Maths, Science and Social Subjects will share practical tips and advice on how to support your child’s learning across a range of subjects in lower school.
Date: Thurs 2 nd Nov Thurs 7 th Dec Thurs 11 th Jan Thurs 8 th Feb Thurs 8 th March Thurs 5 th April Time: 6 – 7.15pm Venue: Room 14	Parental Support Group	All Parents The Parental support Group will look at why teenagers behave in the way they do and will recommend strategies and techniques which you may find useful. Our experience has been that parents can usually learn from each other, so we will also encouraging folk to share knowledge, including things that work well and things that haven’t worked out for you. In the past, our support groups have covered topics like: Why do teenagers behave the way they do? How can I get my teenagers to keep to the rules? How do I work out what to do for the best? How do I judge what is risk taking behaviour?
By Appointment only – call and ask to speak to Raymond Weir	Family Support Sessions	All Parents The school can also provide a dedicated counselling service. This is available for individuals or couples wishing to explore more difficult issues relating to parenthood. Under certain circumstances, we can also provide a family mediation service as a way of resolving disputes within families. Appointments are available out of school hours.
Date: Tue 30 th Jan Time: 7 – 8pm Venue: Big Steps	S4/5 Options Info Evening	Parents/Carers with Children in S4 Practical advice for parents and carers supporting young people selecting subjects, including vocational options, as they prepare for future pathways.
Date: Thurs 18 th Feb Time: 7 – 8pm Venue: Big Steps	Safe Use of Social Media	All Parents Find out how to use the latest apps and how to monitor your child’s online safety and minimise the risk of harm.
Date: Tue 27 th Feb Time: 7 – 8pm Venue: Big Steps	S2 Options Info Evening	Parents/Carers with Children in S2 Practical advice for parents and carers supporting young people selecting subjects for S3 as they prepare for future pathways.