



Welcome Back to all our staff, children and families, we have loved being back at Arthurlie and finding out all about your adventures over the Summer Holidays.

Welcome to all our new children and families which have started with us over the last two weeks we hope you will enjoy your time with us and make lots of new friends.

Welcome Cross Arthurlie staff and families to our centre, its great getting to know you all.

Playrooms

Due to the current situation we have split our large playrooms into two separate areas to ensure our children remain in their safety bubble. This means that the children have access to outdoors from their side of the room and enjoy all the opportunities outdoor play provides. Children are enjoying having snack in their groups and getting to know each other and their keyworker.

Please ensure all indoor/outdoor clothing, lunch bags, tubs, shoes etc. have children's names marked clearly on them, to avoid loss, as personal items cannot remain within the building. However we will endeavour to return any misplaced items to the correct owner.

ABB 1



ABB 2



ZZD 1



ZDD 2



Clothing

Please ensure your child is dressed appropriately for the weather including sun cream and a full sets of clothes as when playing outside or during messy play their clothes may need changed more than once. Aprons are not being used due to restrictions.

Health and wellbeing

We are continually working hard to provide a safe learning environment for children and have employed additional cleaning staff to ensure all surfaces, door handles and toilets are cleaned regularly thorough the day. There is a sanitising station at the main entrance hand sanitiser is used when soap and water is not available.

Children are encouraged to wash their hands on entry to the building and before and after activities.



Thank you to all parents adhering to the social distancing at drop off and pick up times. Where possible only one adult should bring or collect one child. Having staggered start and pick up times helps to keep everyone safe when entering and leaving the building. On occasion you may be asked to confirm your password, this should be done in a discreet way with a member of staff.

Packed lunches

In Arthurlie Family Centre, we promote healthy eating and a balanced diet. We follow national guidelines in [Setting the Table](#).

If your child is staying for lunch (Stretched B full days only) we ask you to provide a healthy lunch. This could include a sandwich/wrap/pita pocket with fresh vegetables/crackers and a small portion of cheese/pasta salad. You could also include a small pot of low sugar yoghurt/selection of fresh fruit. Please do not include items which are high in salt, sugar or fat. These do not provide nutritional value and can lead to health problems such as tooth decay.

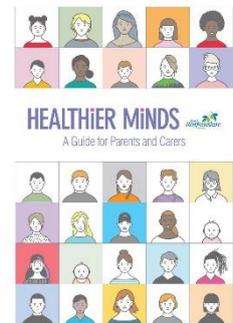
Eating patterns developed in the early years will often stay with a child into their adulthood. Limiting foods high in fat and sugar as snacks or as ingredients in cooking will encourage children to make healthy choices as they grow older. Please provide an ice pack in your child's lunch box to keep your child's food fresh. To reduce the risk of choking, please help by cutting your child's grapes in half, slicing tomatoes and so on. Thank you for your support with this.

Healthier Minds

East Renfrewshire Council Psychological services have produced a set of resources to support children's mental health.

Information about the resource can be accessed from the following link.

<https://youtu.be/uUyhOOOzhjY>



A helpful video has been made to support children and young people as they return to school and nursery following lockdown. <https://www.youtube.com/watch?v=QKwAAuOK-DQ>

Transitions to P1

It was great to spend some time with our pre-school children at the end of term to allow them to meet up with friends going to school.

We had lots of fun singing and playing together.

We took photos and gave certificates as memories of their time in Arthurlie.

We wish them all well on their next adventure in Primary School.



Children's Interests

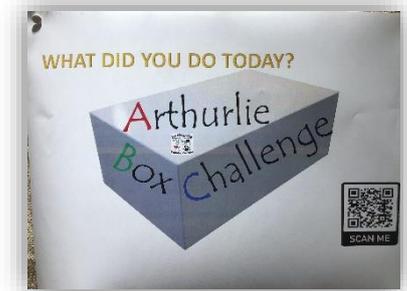
We have been so delighted with our staff and families engagement over lockdown and during the summer in our online platform including twitter and blog. Staff worked so hard to provide a wide variety of learning experiences for our children and to create a timetable of activities to be enjoyed at home. We loved seeing all the faces we were missing, and the wonderful messages we received.

We are eager to continue this and so every Tuesday and Thursday you will be able to access the blog and twitter to see what learning has been taking place in the playrooms that week. We are always happy to find out what you have been up to while at home and in the local community.

We are keen to capture their learning during the lockdown and will be asking for your help to celebrate their achievements by adding information to their learning journal. These will be used as a two-way communication to share information about your child's learning at home and in the family centre.

Virtual Nature School

Some of our children may be familiar Virtual Nature Schools. We are now developing our own version called Arthurlie Box Challenge. Keep looking out for updates



Room Updates

Baloo Baleerie

The children in BB have been exploring their new environment. All of the children have done great settling into nursery and the new drop off routine.

The children have been exploring the Scottish rain outdoors by splashing in the puddles and watching the rain coming through the guttering and pipes.

Even with the restrictions of materials and resources the children have had the opportunity to develop their senses through playing with the playdough and sand.

Aitken Drum

Children have settled well back in Aitken Drum. We have been gradually introducing different sensory experiences, playdough, shaving foam and water play which the children have enjoyed. The children have been spending time in the garden, exploring and investigating especially push and pull toys, prams and scooters.

Children have been getting to know each other and staff and starting to form positive relationships. Each week, we will put some pictures on our twitter page and blog on a Tuesday and Thursday, to show parents / carers the activities and experiences children have been participating in and the skills they have been learning.

In engaging with our parents / carers, it would be lovely to hear about your experiences at home and what your children's interests are. Please feel free to make any comments on our twitter page and any photos you would like to share.



Zickety Dickety Doc

The children have settled well into ZDD. We have welcomed returning and new children who have been fantastic adjusting to new changes and new environments.

We have spent a lot of time developing the children's wellbeing to ensure they feel safe, secure and happy.

The children have been creating, exploring and investigating different experiences such as outdoors, playdough and junk modelling.



Ally Bally Bee

ABB would like to welcome all our new children starting with us as well as children returning.

Within the room children are exploring and investigating the spaces around them and becoming familiar with their friends adults and resources within a nurturing environment.

Children have been given the opportunity to engage in creative experiences such as water, playdough and transient art which is developing children's imagination social skills, fine motor skills to name a few.

We have also been encouraging children to be responsible citizens by promoting independence by looking after their belongings, putting them away and encouraging children to get themselves ready for outdoor play and at home time.



New Staff Members

ABB Jodie, Ann, Amanda, Seona, Niamh modern apprentice

ZDD Deborah, Angela Wilson permanent, Sarah O'Neill, Cross Arthurlie Kirstin Sloan, Naomi

Babies Congratulations Laura Moffat on the birth of beautiful Elsie and Suzi Renny on the birth of lovely Leo