

Cart Mill Family Centre Newsletter June 2019



Family Fun Day – Saturday 22nd June – 11am to 2pm

We are fast approaching the Family Fun Day which will take place on Saturday 22nd June from 11am until 2pm. This year we have bouncy castles, a BBQ, children's entertainers, Tombola, Raffle, Face Painting and more. We are selling our wristbands for the day on Parent Pay - £5 per child (under 2s free) and £3 per adult. We will still take entry payment on the day but we would like as many parents as possible to use parent pay.

We are really looking forward to seeing as many of you there with your friends and family. We urgently need Raffle and Tombola items for both adults and children, empty screw top wine bottles and we need family helpers to assist us on the day. Please e-mail schoolmail@cartmill.e-renfrew.sch.uk if you can help out on the day or sign up at our fun day display area.



Summer Concerts – Wednesday 12th June

The children would like to invite you to their summer concerts on Wednesday 12th June at 11.30am and 3.30pm in Williamwood High School. The children who do not attend our centre on a Wednesday but would like to perform in the concert are very welcome to come along and join in on the day. The concert is for all of our children.

Tie Giving Ceremony – Tuesday 18th June

The tie giving ceremony for the children who are going to school in August will take place on Tuesday 18th June at 3.50pm in Williamwood High School. Parents are invited to come along to the High School and see their child being presented with their tie and certificate. If your child does not attend on a Tuesday we would like you to bring your child along so please just let their key worker know.



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Parking in Williamwood High School

We are holding the concerts and tie ceremony in Williamwood HS to avoid the parking congestion that happened at Christmas. Please use the Williamwood Car Park and our centre car park and avoid using the street to park in. Many thanks in advance.

Mud Sports Day – Wednesday 26th June

We are embracing “Go Wild” month and having a non-traditional sports day this year – a mud sports day! It’s going to be messy but loads of fun. We ask that your child wears old clothes that day and brings a plastic bag with a clean set of clothes, underwear and a towel in it. This video of children in Australia having fun in the mud gave us the idea <https://www.youtube.com/watch?v=MLf0hEI0R7c> along with the forest school group who had a very muddy day last year. Let the mud flow!



Parental Engagement



Thank you to the many parents and carers who attended our parent evening last month. It was a great turnout. I would also like to say a very sincere thank you to the parents who have accompanied us on our trips to the Science Centre. We would not be able to go on these exciting adventures without you and we are very grateful to you all for sparing the time to help.



Staffing Update

We are delighted to have welcomed Linzi and Angela to our team last month. Linzi is a permanent Child Development Officer and Angela is our permanent Senior Child Development Officer. We will also welcome Sarah O'Neill and Fiona Hannah, both permanent Child Development Officers, at the end of this month.



It is with much sadness that we will soon be saying goodbye to Lissa our Depute Head of Centre. Lissa has been successful at interview for a Depute Head of Centre post in Glasgow and will take up the post during the summer. We wish Lissa every success in her new venture. There is currently an advert out for a new depute and the interviews will take during the last week of term.

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Term Time

The term stops for the Summer Break on Thursday 27th June. This will be the last day for all term time children unless you have booked Summer Holiday Cover. The new term opens on Monday 19th August when we will be welcoming back our existing children and also welcoming our new children.



Let's Play – July 2019

We are offering parents free sessions for their children and a chance for them to learn more about child-led play. The sessions are running on the 22nd, 23rd, 24th and 25th of July and we will be able to accommodate the whole family including older or younger siblings. If you are interested please speak to Angela or Lissa ASAP as spaces are filling up fast.

Healthy Packed Lunches

There is growing concern amongst health professionals about the amount of sugar we are consuming every day which is often hidden in foods. This is also true for children and I have noticed that some packed lunches are filled with sugar for example jam sandwiches, chocolate yogurts, chocolate, cakes, biscuits and fruit bars.



Healthy eating advice for children states it can include some sugar but this should be viewed as a 'treat' and should be in small amounts. The website 'change 4 life' has great ideas on how to make your child's lunchbox healthier. I would urge you to check the sugar content of your child's lunchbox and if it's needed please make a change 4 life and be sugar smart.

Best wishes,
Sharon McKenna
Head Teacher



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<https://blogs.glowscotland.org.uk/er/cartmill/blog/>

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