



WILLIAMWOOD HIGH SCHOOL PARENT CONFERENCE – TUESDAY 3rd OCTOBER 2017

Name(s) of parent attending: _____

Name of child: _____

Contact telephone number: _____

Please indicate **three** workshops that you would be interested in attending. Rank them in order of preference by entering the number 1, 2 or 3 in the box next to your preferred sessions. We shall endeavour to allocate you to two of your three choices.

Please return your completed form to the school office **by Wednesday 27th September at the latest**. Places cannot be guaranteed unless this form is returned on the above date.

Workshop	Preferences 1,2 and 3	Parent/carer 1	Parent/carer 2
UCAS / college applications – A guide to further and higher education			
Skills Development Scotland (options post-16)			
Modern Apprenticeships – A guide to new routes and pathways			
The SAPHIR Programme			
Foundation Apprenticeships			
SCHOLAR			
Stress and anxiety – Helping your teenager to cope			
The importance of sleep			
Bullying – You Can Make a Difference			
Growing Up Online			
Mindfulness			
Mindful Eating			
Relaxation Through Hypnotherapy			
Walking, Talking and Drawing			
Clay Heads			
Kitchen Therapy			
Mindful Crafts			
Gospel Choir			
Stretch Class			
Badminton			
5-a-side football			

