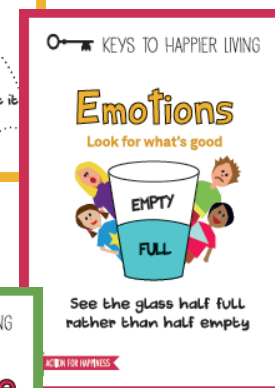
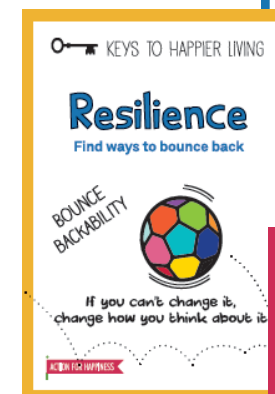
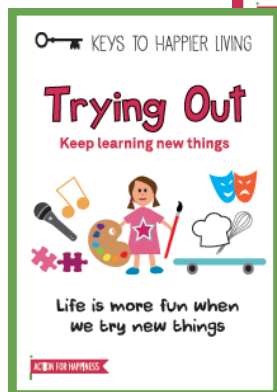


International Day of Happiness 2019

Homework Grid (Early Level)

Do kind things for others.	Help out a friend in need.	Make sure you get enough sleep.
Get outside and enjoy the natural world.	Take care of the world around you.	Find a way to make exercise fun.
Make time for fun with family and friends.	Unplug – take a break from technology.	Find three good things each day.



Please tick or colour each box in the grid as you complete the tasks.

You do not have to do any written work for homework this week but if you take a photograph or draw a picture please bring it in to share with your class.