CALDERWOOD KOSHER NURSERY SCHOOL LUNCH MENU - OCT-APRIL 2018

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **WEEK1****23/10/17, 13/11, 4/12, 1/1/18, 22/1, 12/2, 5/3, 26/3** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **STARTER/DESSERT** | Soup | Yoghurt | Soup | Sponge | Seasonal fruit platter |
| **MEAL OPTION** | Quorn in a Herby Tomato Sauce with Pasta Twists with Sweetcorn( V) | Macaroni Cheese with Garlic Bread and Garden Peas(V) | Assorted breads and fillings(Tuna or cheese) (V)(F) | Potato and Aubergine Curry with Wild Rice Broccoli(V) | Salmon Pasta, Cucumber Batons , Sweetcorn & Salad (F) |
| **WEEK 2****30/10/17, 20/11, 11/12, 8/1/18, 29/1, 19/2, 12/3** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **STARTER/DESSERT** | Shortbread | Ice Cream | Soup | Fruit platter | Soup |
| **MEAL OPTION** | Cheese and Tomato Pasta Bake with Mozzarella & Sweetcorn(V) | Salmon Goujons with New Potatoes & Broccoli(F) | Assorted breads and fillings (Tuna or Egg) (V)(F) | Macaroni Cheese with Garlic Bread and Garden Peas(V) | Italian Sausage Pasta Salad Box(V) |
| **WEEK 3****6/11/17, 27/11, 18/12, 15/1/18, 5/2, 26/2, 19/3** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **STARTER/DESSERT** | Soup | Oaty Biscuit | Soup |  Chocolate Sponge | Fruit Platter |
| **MEAL OPTION** | Baked Potatoes with Tuna or Cheese ( F)(V) | Dahl Curry with Wild Rice and Spiced Onions(V) | Assorted Breads and Fillings(Tuna or Cheese)(F )(V) | Macaroni Cheese with Garlic Bread and Garden Peas(V) | Creamy Fish Pie with Carrot Batons ( F) |

Vegetarian options only available

Food Allergies -Before you order food and drink, please speak to a member of the catering team if you have a food allergy or intolerance.

Note: After any holiday the 1st day back will always be the Monday menu and then the normal days will follow.