

Your opinions and ideas matter - why?

You have a right to say what you think and to be listened to at meetings when decisions are being made.

Your views and questions are very important - it will be easier for us to help you and the people who work with you if we know what you think.

We may write a letter or record our work in another way and you can ask to see this.

If you are not happy with what we are doing you can:

- Tell us
- Speak to your parents or carers
- Speak to a teacher.



Contact us

If you have any questions or comments, we would like to hear them. You can always ask questions about what your psychologist is doing and you can tell your psychologist how well you think any support is helping.

Or you can contact us at:

East Dunbartonshire Council Educational Psychology Service:
Kirkintilloch Learning Centre
Southbank Road
G66 1NH

Tel 0300 123 4510

When we begin involvement with your child, we will read with you our privacy statement which sets out what we will do with the information you give us. The privacy statement will be given to you along with our Request for Assistance Form.



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Other formats

This document can be provided in large print, Braille or on CD and can be translated into other community languages. Please contact the Council's Communications Team at:

East Dunbartonshire Council, 12 Strathkelvin Place, Southbank,
Kirkintilloch, G66 1TJ Tel: 0300 123 4510

本文件可按要求翻譯成中文，如有此需要，請電 0300 123 4510。

اس دستاویز کا دور خواہست کر سکتے ہیں (اردو) زبان میں شہر میں لکھا جاسکتا ہے۔ براہ مہربانی فون نمبر 0300 123 4510 پر رابطہ کریں۔

ਇਸ ਦਸਤਾਵੇਜ਼ ਨੂੰ ਵੱਡੇ ਫੋਨਟ 'ਤੇ ਪੇਸ਼ਾਬੀ ਵਿੱਚ ਅਨੁਵਾਦ ਕੀਤਾ ਜਾ ਸਕਦਾ ਹੈ। ਕਿਰਪਾ ਕਰਕੇ 0300 123 4510 ਫੋਨ ਕਰੋ।

Gabhaidh an sgrìobhainn seo cur gu Gàidhlig ma tha sin a dhìth oirbh. Cuiribh fòn gu 0300 123 4510

अनुवाद करने पर यह दस्तावेज हिन्दी में भाषांतरित किया जा सकता है। कृपया 0300 123 4510 पर फोन कीजिए।



Information for children and young people



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What is an Educational Psychologist?

An Educational Psychologist (EP) visits schools to work with teachers, parents/carers, other professionals and pupils. Educational Psychologists work with others to improve children's wellbeing and learning.

Children and young people may see an Educational Psychologist at some time during their time at school. EPs work with you and other adults to get things right for you.

What can we help you with?

For example, we can help when you are:

- Finding school work difficult/challenging
- Worrying too much about things
- Feeling unhappy, angry or upset about things
- Not getting along with friends
- Finding it difficult to go to school.

What will we do?

We start off by meeting the adults who know you best and then we may:

- Talk to you to hear what you think, maybe once or more often
- Talk with adults who know you well
- Spend some time in your classroom to see what sort of work you do
- Get to know you by doing some activities together.

We probably will not do all of these things - sometimes we might just do one or two of them.

We will have a meeting together (you can be part of this if you like) and come up with a plan to improve things for you. We will meet again to check things go well.

What will it be like to meet us?

We know that sometimes it is hard to talk about what you are thinking or feeling.

We will listen carefully to what you say. You do not have to meet with us if you don't want to.

We will keep a record of the work we are doing together and we will agree what information can be shared with others such as your parents/carers or teachers.

You have a right to tell us if there is something you do not wish to be shared.

The only time we are not able to keep something confidential is if it is something that adults need to know about to keep you or someone else safe.

