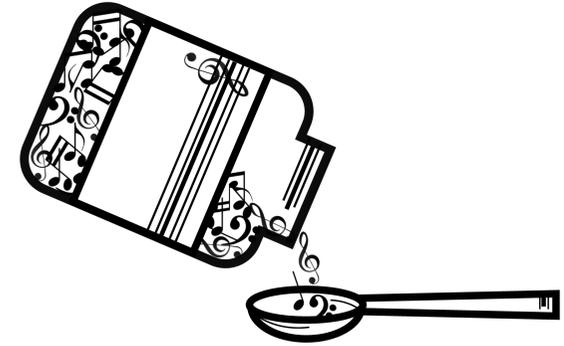




Are you in need of some **MUSICAL** assistance?



- L4 / 5 / H Keyboard / Tuned Percussion Clinic
Tuesday Lunchtime**
- L4 / 5 / H Ukulele Clinic Wednesday Lunch**
- L4 / 5 / H Voice Clinic Wed & Thursday Lunch**
- Supported Study Wednesday and Thursdays**

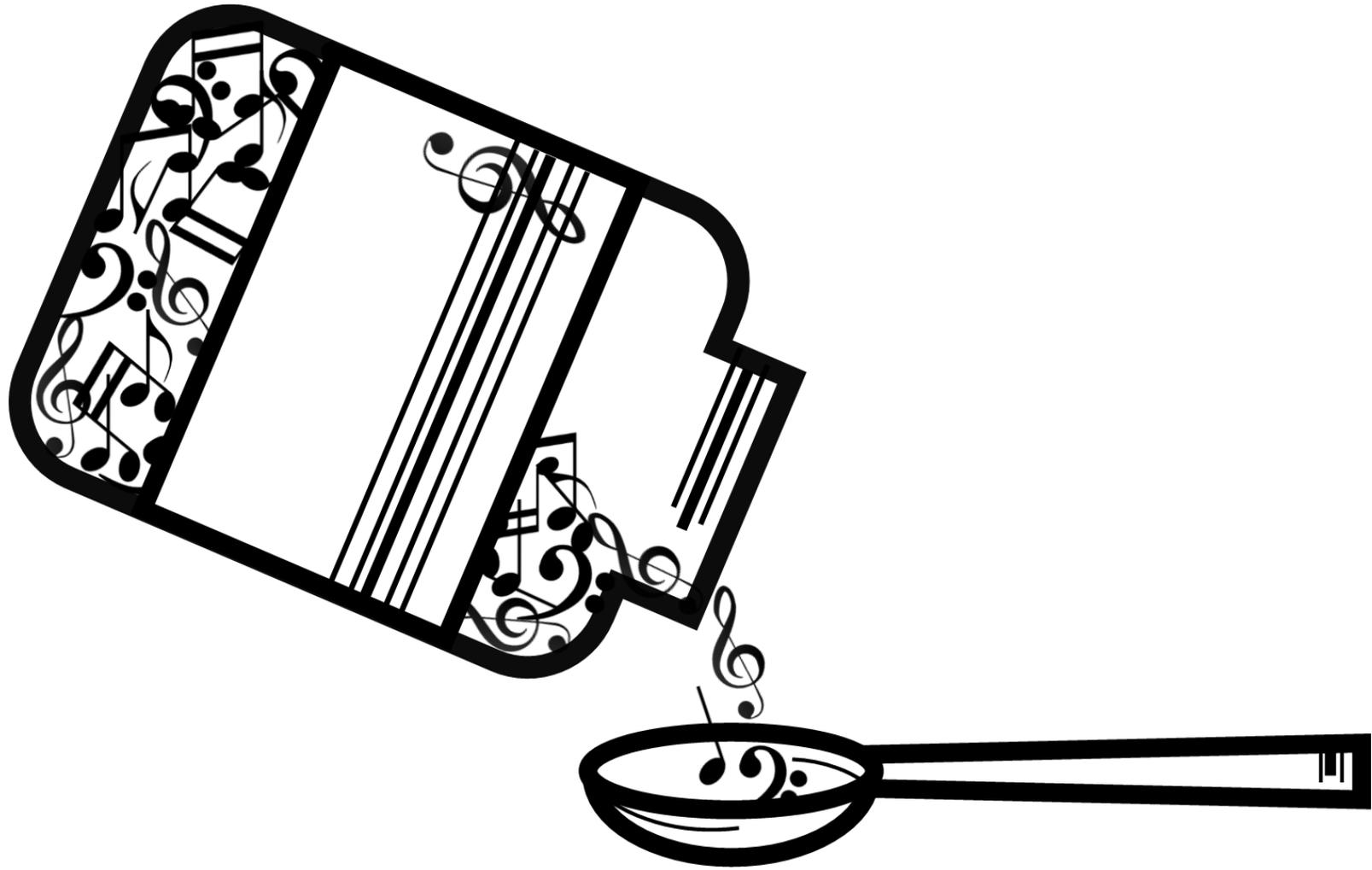




Preparing for a solo recital

Ten top tips







Make excellence a habit!



1 Practice playing with a fast heart rate

Does your heart beat quickly when you perform? Here's a trick to help you get used to that. Before you practice, do some jumping jacks - enough to increase your heart rate. Then play and embrace the feeling!

2 Hands Separate Work

Yes! Even (especially) every day. Just because a piece is polished, doesn't mean you ignore this important practice method.

3 Practice starting at different spots

This is an important one. Divide the piece into chunks and practice starting at each chunk.

4 Practice Performing

I mean - the whole package. Practice your set in the clothes that you will wear at the performance. Rehearse walking to the piano, bowing, adjusting the bench, getting in the zone, playing, listening, bowing again.

5 Create Performance Opportunities

Organise a home recital. Play at school. Visit community groups and play. Take part in our "dress-dress rehearsals" planned in the next two weeks. Make performing a habit!

6 Slow motion by Memory

This is a secret weapon. If the piece can be played slowly - really slowly - by memory with all the details, it's solid.

7 Repeat Pieces in your programme

Repeat each piece in your programme. So play the first piece two times then go to the next piece and play it two times etc. This helps to build stamina. It will also seem "easier" when the piece is only played once.

8 Control what you can

Will the performance be "perfect." No. Should that be the goal. No again. Instead control what you can. Be sure you are prepared. Remember, it's not the "slip" that is important - it's how you react to it. Take away the pressure for perfection and have the power to react and move on. Trust in your preparation.

9 Build in daily practice every day

10 Love your talent! 

