

Kilmarnock Academy  
S4 PSE Programme: Overview

## Topics

Values  
Alcohol Awareness  
Sun Protection  
Social Media  
Internet Safety  
Online Friendships  
Sex, Drugs and Alcohol  
My World of Work  
Mental Health  
Anxiety  
Consent and Sexual Rights  
Careers  
Study Skills  
Managing stress  
Substance Misuse  
Pornography  
Options  
MVP (Mentors in Violence Prevention)  
LGBT+  
Contraception

