

EAST AYRSHIRE

**Health & Social Care**  
Partnership



Ayrshire and Arran Learning Disability Services

# The East Community Learning Disability Team (NHS)

## Who we are and what we do

You might want to discuss this leaflet with the person you support, to help them understand it better.



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## **Community Learning Disability Teams are made up of people who can find out about your wellbeing needs.**

They can help you to feel good.

They will help anyone who has a learning disability.

You can ask for help from the team yourself.

Someone who knows you well can ask us to help you.  
This might be:

- Your doctor
- Your social worker
- Your lecturer/teacher
- Your support worker

## How the Community Learning Disability Team will help you:



We will send you a letter or phone you. This letter will tell you who your worker will be and when they will see you.



Your worker will listen and work with you to decide the best way they can help.

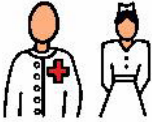


If they cannot help you, they will try to find someone who can.

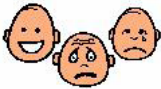
# People in the Community Learning Disability Teams can help you in different ways.



Physiotherapists help you to keep your body moving.



Community nurses help you keep well and healthy.



Psychologists help change how you think, feel and behave.



Occupational therapists help you to be confident in everyday tasks.



Speech and language therapists help you to get your message across.



Psychiatrists help you keep well and stay calm.

# There are Community Learning Disability Teams in North, South, and East Ayrshire:

## East Ayrshire Team

- 01563 578567 (NHS - Kilmarnock)
- 01290 428389 (NHS - Cumnock)

## North Ayrshire Team

- 01294 323560 (NHS)

## South Ayrshire Team

- 01292 614910 (NHS)

Our offices are open Monday to Friday, from about 9am in the morning.



AM



Our offices close at about 5pm in the evening.



PM



Social Work offices close at 4pm on a Friday in East and South Ayrshire, and at 4.30pm in North Ayrshire.

If our office is closed, you can leave a telephone message for us.

We will call you back when the office is open.

## **Other helpful numbers**

### **East Ayrshire Team**

- 01563 578711 (Social Work - Kilmarnock)
- 01290 427810 (Social Work - Cumnock)

### **North Ayrshire Team**

- 01294 476000 (Social Work)

### **South Ayrshire Team**

- 01292 614914 (Social Work)

If you have any questions, suggestions or comments about your local Learning Disability Team, just contact the team and ask to talk the Team Leader.

Lots more advice and information is available on the NHS Ayrshire and Arran app.

To get the app, search for NHS Ayrshire and Arran in your app store and download it.

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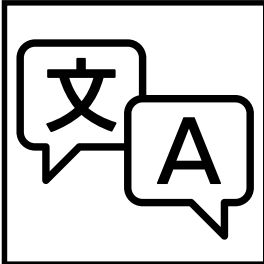
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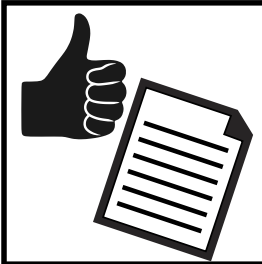
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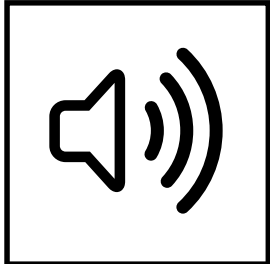
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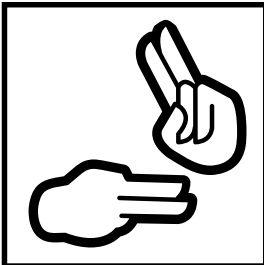
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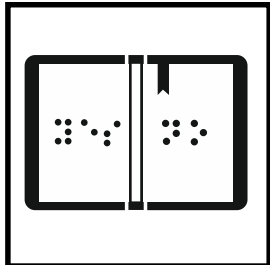
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