







EARLY YEARS LUNCH and DINNER MENU 2023/24

| WEEK ONE | | | | |
|--|--|--|--|---|
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| LUNCH | | | | |
| Lentil soup ✓ | | Potato soup ✓ | | Vegetable soup ✓ |
| Steak mince pie, mashed potato & carrots | Chicken goujons, potato wedges & mixed salad  | Hotdog, potato wedges & sweetcorn | Roast chicken, Yorkshire pudding, mashed potato & broccoli  | Fish, chips & mushy peas |
| | Strawberry ice cream & fruit | | Peach melba sponge & custard | |
| DINNER | | | | |
| Potato soup ✓ | | Vegetable soup ✓ | Vegetable broth ✓ | |
| Macaroni, garlic bread & peas V | Pork sausages, mashed potato & turnip | Chicken meatballs in tomato sauce, spaghetti & mixed salad | Fish, chips & mushy peas | Steak pie, mashed potato & broccoli/cauliflower |
| | Crackers & cheese | | | Chocolate & pear sponge & custard |

| WEEK TWO | | | | |
|--|---|--|--|---|
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| LUNCH | | | | |
| Potato soup ✓ | | Vegetable soup ✓ | | Lentil soup ✓ |
| Macaroni, garlic bread & peas V | Pork sausages, mashed potato & turnip | Chicken meatballs in tomato sauce, spaghetti & mixed salad | Salmon fish fingers, chips & mushy peas | Steak pie, mashed potato & broccoli/cauliflower |
| | Crackers & cheese | | Chocolate & pear sponge | |
| DINNER | | | | |
| Vegetable soup ✓ | | Potato soup ✓ | | Lentil soup ✓ |
| Spaghetti bolognese & peas | Chicken curry, rice & sweetcorn  | Beefburger in a bun, potato wedges & sliced tomatoes | Homemade cheese & tomato pizza, potato wedges & mixed salad V | Fish, chips & mushy peas |
| | Jam & coconut sponge & custard | | Natural yoghurt & berry sundae | |

| WEEK THREE | | | | |
|--|--|---|--|---|
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| LUNCH | | | | |
| Vegetable soup ✓ | | Potato soup ✓ | | Lentil soup ✓ |
| Spaghetti Bolognese & peas | Chicken curry, rice & sweetcorn  | Beef burger in a bun, potato wedges & sliced tomatoes | Homemade cheese & tomato pizza, potato wedges & mixed salad V | Fish, chips & mushy peas |
| | Jam & coconut sponge & custard | | Natural yoghurt & berry sundae | |
| DINNER | | | | |
| Lentil soup ✓ | | Potato soup ✓ | | Vegetable soup ✓ |
| Steak mince pie, mashed potato & carrots | Chicken goujons, potato wedges & mixed salad  | Hotdog, potato wedges & sweetcorn | Roast chicken, Yorkshire pudding, mashed potato & broccoli  | Salmon fish fingers, chips & mushy peas |
| | Strawberry ice cream & fruit | | Peach melba sponge & custard | |

All soups are made fresh daily.
 Fresh fruit & vegetables will be seasonal.
 If your child has any allergies or dietary requirements please contact your child's ECC.

Vegetarian **V**

Vegan 

Halal 

