## Friday 12<sup>th</sup> March 2021

## vendredi douze mars 2021



## Good morning Primary 4!

Remember you can use your Glow blogs to post your work or you can email me it if it's easier for you.

If you wish to post it, the steps are: Log in to Glow, click on Blogs tile, visit sites, find your site and visit it (you can visit your friends' sites, too), click on +, choose post, write about your work and publish it!

If you have any questions or are unsure of anything then please just send me an email and I will help as best I can.

Have fun, stay home and keep safe!

9.00am- 9.15am	Morning prayer	Have the morning prayer at home.
7.13um	Check - in	How do you feel today? Discuss your feelings with the people you live with.
9.15am - 10.45am	Literacy Spelling	Spell check
		Ask someone at home to spell check your spelling
	00	words for this week. Write them down on a piece of paper and get your helper to mark your spelling. Add up how many spelling words you get correct.
	Handwriting	Today we are going to be focussing on our handwriting. Copy the attached poem in your neatest handwriting. You could post a picture of your completed poem on your blog so that I can see all of your beautiful handwriting. ©

10.45am - 11.00am	Break / snack time	Free play inside or outside toys.
- 11.00um	Time	Have a healthy snack.
11.00am - 11.15am	Massage	On Teams in the Power Points folder there is a presentation called 'Massage in schools PowerPoint' use that to complete this activity.
		Massage strokes Eyeglasses, cat grip, baker, ice cream scoop, slide, hairdresser, climbing down the rope, bunny hops, heart, butterfly, bear walk, ice skating, brushing the horse, brushing off the snow.
11.15am - 12.15pm	Numeracy	Beat That I have attached a PowerPoint with instructions on how to complete your Beat That for the week as well as the pages for you. Have a go and see how many you can answer in the given time. Remember, it's a good thing that you won't get them all as you can challenge yourself to beat your score next week. Have fun ©
		Active Games
		Go to Topmarks and choose what games you would like you play today. You may want to practise your multiplication or your addition/subtraction, the choice is yours today.
		https://www.topmarks.co.uk
12.15pm - 12.30pm	Daily Active	<ul> <li>Just dance on Youtube</li> <li>Cosmic Yoga on Youtube</li> <li>Go noodle on Youtube</li> <li>Go outside for walk</li> </ul>
12.30pm - 1.10pm	Lunchtime	Lunch time Free play with toys, inside or outside.
1.10pm - 1.20pm	Newsround / tooth brushing	Watch Newsround by following this link or typing 'bbc newsround' into Google.  https://www.bbc.co.uk/newsround/news/watch_newsround  Brush your teeth for 2 minutes.

1.20pm - 2.45pm	P.E	For P.E today you have a choice to either go for a walk or complete another Joe Wicks workout. I believe that he has finished his 2021 workouts but they are all saved on YouTube so you can select another. Please remember to only access YouTube when you have a grownup with you.
	RERC  LENT	Lent Today, our RERC focus will be on Lent-preparing for Easter. Colour and complete the attached jigsaw task to complete your own "Preparing for Easter" jigsaw.
2.45pm - 3pm	Daily review	Have a think about your day at 'school'. What was your favourite part about the day? What did you enjoy the most?  Have a good weekend everyone!