

# Friday 29th January 2021

Remember you can use your *Glow* blogs to post your work or you can email me it if it's easier for you.

If you wish to post it, the steps are: Log in to *Glow*, click on Blogs tile, visit sites, find your site and visit it (you can visit your friends' sites, too), click on +, choose post, write about your work and publish it!

Remember to visit our Primary 3 /4 blog! I have some very fun and exciting activities there, too!!

If you have any questions or are unsure of anything then please just send me an email and I will help as best I can.

Have fun, stay home and keep safe!

9.00am- 9.15am	Morning prayer  Check - in	Have the morning prayer at home.  How do you feel today? Discuss your feelings with the people you live with.
9.15am - 10.45am	Literacy  Spelling / Grammar	<b>Adjectives guessing game</b> Choose someone in your family to play this game with you.  Think of : <ul style="list-style-type: none"><li>• A famous sportsperson</li><li>• A cartoon character</li><li>• A meal your family eat</li><li>• A T.V programme</li><li>• An animal</li></ul> Write down a number of clues for each point including as many adjectives as you can. Your partner has to guess who or what the person or thing is you are describing. If you have time your partner could create some clues for you. It's up to you to decide how many clues you give your

partner BUT they must listen to all of the clues before guessing the answer.

e.g. **A Famous Sportsperson** (adjectives are highlighted)

- This famous sportsperson is a **man**.
- He has **black hair**.
- He is known for running really **fast**.
- When he runs he wears a **yellow, green and white** vest to represent his country.
- He has won lots of **gold** medals at the Olympics.

Famous sportsperson is Usain Bolt.

### **Spell check!**

Ask someone at home to complete this week's spell check with you.

On a piece of paper write down the number of words you have

i.e. 1.

2.

3. etc

Then ask your helper to read out the words. They may want to mix the words up and as an extra challenge put the words in sentences as they say them.

Once you have completed the spell check count up your words. However many words you manage to get correct I'm sure you've tried your best.

If you managed to get full marks, take an extra 10 minute break.

If you get managed to get 1 wrong, take an extra 5 minutes.

Good luck everyone!

10.45am  
-  
11.00am

Break / snack  
time

Free play inside or outside toys.

Have a healthy snack.

11.00am - 11.15am	Massage	<p>On Teams in the Power Points folder there is a presentation called 'Massage in schools PowerPoint' use that to complete this activity.</p> <p>Massage strokes Eyeglasses, cat grip, baker, ice cream scoop, slide, hairdresser, climbing down the rope, bunny hops, heart, butterfly, bear walk, ice skating, brushing the horse, brushing off the snow.</p>
11.15am - 12.15pm	Numeracy	<p><b>Daily 10 on Topmarks</b> <a href="https://www.topmarks.co.uk/maths-games/daily10">https://www.topmarks.co.uk/maths-games/daily10</a></p> <p><b>'Beat That' Maths</b> Try and see if you can get all the answers correct in allocated amount of seconds.</p> <p>Good Luck!</p> <p><b>Extra challenge</b> - try some times table games on Topmarks <a href="https://www.topmarks.co.uk/maths-games/5-7-years/times-tables">https://www.topmarks.co.uk/maths-games/5-7-years/times-tables</a></p>
12.15pm - 12.30pm	Daily Active	<ul style="list-style-type: none"> <li>• Just dance on Youtube</li> <li>• Cosmic Yoga on Youtube</li> <li>• Go noodle on Youtube</li> <li>• Go outside for walk</li> </ul>
12.30pm - 1.10pm	Lunchtime	<p>Lunch time Free play with toys, inside or outside.</p>
1.10pm - 1.20pm	Newsround / toothbrushing	<p>Watch Newsround by following this link or typing 'bbc newsround' into Google. <a href="https://www.bbc.co.uk/newsround/news/watch_newsround">https://www.bbc.co.uk/newsround/news/watch_newsround</a> Brush your teeth for 2 minutes.</p>
1.20pm - 2.45pm	Health and Wellbeing	<p><b>Walk of the Week</b> Hopefully you have had the opportunity to go out a walk one day or several days this week. It is good to get out and about to get some exercise, fresh air and just clear your head.</p>

		<p>You can send me an email or post on your blog where you went a walk and if you took any pictures feel free to send me them too.</p> <p>Look out on the class blog as I will be posting pictures from my favourite walk this week too!</p>
2.45pm - 3pm	Daily review	<p>Have a think about your day at 'school'. What was your favourite part about the day? What did you enjoy the most?</p> <p>If you wish, note down these things to discuss in your check-in tomorrow morning.</p> <p>Have a good night everyone and enjoy your weekend, you deserve it!</p>