

# SHANARRI Wellbeing Indicators

Safe

Healthy

Achieving

#### Nurtured

Active

Respected

Responsible

## Included

Included I have family and friends. I get the chance to work together and take part in different things and my voice is heard.

**Responsible** I can follow instructions, be a role model, help others and follow rules.

#### Respected

I am listened to and my ideas are valued. I also have the chance to get involved and make choices.

Active I can exercise, play, dance, take part in games and go on outdoor adventures.

**Safe** I know how to keep myself safe

and who I can

ask to help me.

Healthy I eat a balanced diet, exercise, clean my teeth, wash my body and have friends.

> Achieving I have the chance to learn, practise to get better, win, work hard and be told how great I am.

**Nurtured** I have family, friends and a places where I know I belong.

## Responsible

- 1. What does the word responsible mean to you?
- Is there a difference between responsibilities and duties? If yes, what is the difference?
- 3. What are examples of responsibilities that parents or carers may have?
- 4. What are you responsible for at home?
- 5. Can you list the responsibilities pupils and teachers might have in school?

You can do this in the form of a poster or as a blog post.

Please answer in sentences.